

## Meeting 13/05/2015

We had 11 attendees with 12 apologies for the May meeting which was held in **Bacton Village Hall** as Stowupland High School was not available to us for this month. I've made enquiries about the June meeting and unfortunately the school will not, once again, be able to accommodate us (see email copied at the end of this). **Accordingly, I have once again booked BVH for the meeting, Wed 10/06/2015.**

For the May meeting, everyone felt that the Bacton Hall was an excellent venue with plenty of space, an attached kitchen (thanks to Zena for looking after the teas), a drop down projection screen and sound in the presentation via the hall's own PA system. Most members brought their lap top or tablet with them and we were all able to log on to the free WiFi without too many problems.

### Agony corner

We reviewed the topics covered in the last session (q.v.)

There were no matters arising from this nor, for the first time ever (!), were there any new points that anyone wanted to raise so we moved straight onto our main topic.....

### Topic for the Day

**'Security'**, an update on how to protect yourself from from Viruses, Trojans, phishing, PuPs and scams (on line, postal and telephone).

This presentation covered a lot of ground and prompted much enthusiastic interaction amongst the members present. *There's far too much to detail here*, but I've included below links to three pdfs we looked at covering a wealth of information about scams and the like

- Staying safe: Personal security at home and out and about. From AgeUK .....  
<http://tinyurl.com/ozraz9k>
- Avoiding Scams: Smart ways to protect yourself at home. From AgeUK  
<http://tinyurl.com/pwdy779>
- The Little Book of Scams: A comprehensive coverage of the topic published by The Metropolitan Police <http://tinyurl.com/qdv27kr>

..... and some useful web links .....

- Kate Russell's video giving 5 tips for avoiding email scams,  
<http://www.bbc.co.uk/webwise/0/27620129>
- Expert Review's 'Best Internet Security Software 2015 - Free and Paid for.'  
<http://tinyurl.com/ghuhvar>
- Check any suspicious file. Go to <https://www.virustotal.com/> , upload your file and get an instant answer.
- Primarily aimed at business, has much useful information for the individual,  
<https://www.cyberstreetwise.com/>

- For a vast range of information and advice, with main headings 'Protecting your Computer, Protecting yourself, Smartphones and Tablets, Shopping, Banking and Payments, Safeguarding Children, and Social Networking, go to <https://www.getsafeonline.org/>

For protection from and removal of PuPs, Viruses, and Malware in general...

- PuPs can be the unintended consequence of downloading free programmes which carry these nasty extensions. For many of the popular free programmes, use the 'Ninite Installer' which *Guarantees* that no unwanted add-ons are included. You can download and install or update several at a time if you wish. <https://ninite.com/>
- Create a fake virus to check the efficacy of your security software, [www.snipca.com/15896](http://www.snipca.com/15896) , EICAgen. Explanatory article in Computer Active issue 447, 15-28th April.
- A regular recommendation, ADWCleaner, [www.snipca.com/12616](http://www.snipca.com/12616) removes PuPs. Follow up with Malware Bytes – get it via Ninite, above.

Please have a browse through all these as the knowledge gained will make you much better prepared for any pit falls ahead.

### **Next Meeting, 10/06/2015**

**Topic.** An interactive discussion on **'Tablets'** – what you can do with them, what perhaps you can't, and any queries you would like to make. This session will be led by **John Hasletine** who owns two tablets and has kindly agreed to share his experiences with us.

Please don't forget to bring your own tablets and/or lap tops as free Wi-Fi is available at the hall.

As mentioned above, this meeting will be held at **Bacton Village Hall**, *not* Stowupland High School. Usual starting time of 1.30pm

For those who don't know the area, the Bacton Village Hall is on the main road through Bacton, opposite the church

Bacton Village Hall  
Church Road  
Bacton  
IP14 4LN