



Stowmarket U3A



THE UNIVERSITY OF THE THIRD AGE

Stowmarket and District Learning Activities in Retirement

Registered Charity No. 1002987



NEWSLETTER

No. 53

SUMMER 2018

From the Chairman — Ken Snow

Come along and have your say!

Within this edition you will find the Notice (page 8) convening the next Annual General Meeting of Stowmarket U3A, to be held at the United Reform Church on 19th September.

At the AGM you will be invited to consider proposals to change the constitution (see below), to consider and adopt the annual accounts to 31 July 2018, to elect Officers for the ensuing year and to elect members to the Committee.

Nomination forms to propose members to act as an Officer or Committee Member have been distributed and will be available at the August meeting. Any nomination requires to be in writing and signed by the proposer, the second and the nominee and must be received by the Secretary, Connie Harford on or before 12 September 2018; any nomination received after 12 September 2018 will be disregarded.

Following the AGM there will be a showcasing of the various groups within our U3A in the adjoining hall where light refreshments will also be available.

So if you are a present group leader or if you would wish to promote a new group make sure you contact our group convenor Bryan Hilton to reserve a space to present your group to the membership.

Both events, the AGM and the Showcasing will be open to the public to attract new members so bring your friends and have your say!!

Boring but important - Constitutional Matters

During the past year the U3A has been requested by National Office and The Charity Commissioners to amend its constitution to include a new clause defining the Objects of the U3A. The change appears to have been brought about to ensure that all U3As include all financial activities within the financial statements presented to members and filed with the Charity Commissioners to ensure that the activities fall within the defined objects.

The permitted activities broadly include any activity which falls within learning including the personal development of the members. It allows socially based activities but specifically the U3A activity cannot, under Charity Law, be engaged in fund raising of whatsoever nature for any organisation other than the U3A itself.

Your U3A committee has therefore taken the opportunity to review the present constitution to amend and bring up to date the provisions of that constitution. Proposals to amend the constitution will be presented at the AGM.

Apart from the change to the Objects clause the proposals will come before the meeting to change the following:

- To set the subscription year to commence on 1 October annually.
- To fix the annual subscription at future annual general meetings.
- To include the office of Vice Chair as one of the Officers and ex-officio member of the committee.
- To appoint members of the committee other than Officers for a period of two years but requiring one half of those elected committee members to seek re-election at an annual general meeting.
- Miscellaneous changes to "tidy up" the present constitution.

Each and all of the proposed changes must be approved by the Charity Commissioners and the National Office of the U3A before those changes can become operative so all the proposals other than the change to the Objects clause will be conditional to those approvals should that approval not be in place before the meeting.

So please put a note in your diary to attend and vote on these proposals which will be explained in more detail at the AGM. A copy of the proposed new Constitution will be available to be seen on the U3A website prior to the Annual General Meeting and a copy will be available for inspection at the meeting.



Our members enjoying some good chat and a laugh at the April meeting - 'Acquainting Afternoon' - a good opportunity to catch up with friends we may not have seen in a while.

Along the way, we joined in with some traditional songs with guest singer, Gill Nicholls.

Many thanks to the volunteer servers and those members who supplied the wide range of cakes and fancies, as well as those who loaned their 'posh' crockery for the day.

See more pictures in a video on our web site - on the 'Outings & Events' tab.

<https://tinyurl.com/y9roocbx>



May 2018 Monthly Meeting - 'Silver and Gemstones' by Marianne Brame

When is silver not real silver? When is a gemstone natural and when has it been manufactured? These were just a couple of points that Marianne Brame covered in her talk to our Branch at the May Monthly Meeting held at the MIX.

Marianne's talk on "Silver and Gem Stones" was highly informative with many questions being asked by members and confidently answered by the speaker. She was so very knowledgeable about the subject yet was able to

explain and share with us information at both a level that we were fully able to understand and to hold our interest throughout the talk.

Marianne brought with her a range of different stones and minerals which she passed around so we were able to feel the materials as well as to hear about them. I did not realise how "warm" some minerals are to the touch, like Jet for example and that what we know as "German Silver" contains no silver at all!!

Originally we booked David Smith to give a talk on the use of fingerprinting in crime scene investigation but unfortunately he had to cancel and so Marianne, who we had booked to give a talk later in the year, brought forward her booking with us and kindly gave her talk this month instead. Thank you Marianne for saving the day!!!

Keith and Lorraine

(We have rescheduled David and he will now be giving his talk to us at our monthly meeting in March 2019)

June 2018 Monthly Meeting - 'Trekking the World for Charity' – £10 per mile by Ken Snow

Why read a report about the June talk at our monthly meeting in this Newsletter when you can see and hear it for yourself? This is exactly what you can now do because Peter Dakeyne recorded Ken's talk and has uploaded it on YouTube at

https://youtu.be/DsOVEXG_Nu8

for you to watch (again) and enjoy.

This is our first attempt at recording a talk and so we are learning as we go along. The acoustics of the hall are not good which is reflected in the sound quality. The camera was being operated remotely and for the first 10 minutes the full picture was not ideal but was then moved to a better spot. Thank you for your work in making the talk accessible to us Peter!

However, if you cannot access the internet and could not attend the monthly meeting then you missed a very informative talk by Ken Snow, the chair of our U3A branch. Ken, together with his two friends and fellow trekkers, Fliss and Barbara, took us on a journey through some of their fascinating expeditions. For Ken it all started with a pair of £10 walking boots, made in Vietnam, bought in Glasgow and finally ending up, worn out, back in Vietnam.



This talk focused on the fundraising required in order to embark on worldwide treks. The individuals involved raised thousands of pounds in aid of the Children's Society as well as all their own expenses. Talking from the heart they shared their personal experiences and reasons for embarking on such daunting experiences. Money was raised through weekly car boots, house clearances, coffee stalls, dances, raffles, local fetes and events in addition to the generosity of friends and family. Raising the money sometimes took a couple of years and involved a tremendous amount of effort and determination.

Once the money was raised the intrepid volunteers set off from home as individuals not knowing anyone or what to expect.

They faced many personal challenges and lived a very basic simple life with no running water or toilet facilities. However their shared experiences soon moulded them into a team and they became lifelong friends. All three talked of the wonder and excitement on the faces of the children they worked with and how the things we take for granted filled the children with awe and wonder and this was one of the greatest rewards of the treks. The most surprising aspect of the treks to them all was that they become addicted to them and all three have gone on to do many more.

The most surprising thing to me was the age of the volunteers on the expeditions; numerous volunteers are retired and Ken pointed out that some are in their 80's! It is never too late to take up a new activity, join a new group or challenge ourselves.

I left our monthly meeting full of admiration for people who do just that. Thanks Ken, Fliss and Barbara

Keith Shelton

PS. You'll have to watch the end of the video to see what was being said here! (Also on the 'Outings and Events' page on our website).



Our Annual Outing — Southend, 18th July 2018

Following a number of cancellations, 21 members joined us on our annual summer outing and ventured to the coast.

Leaving Stowmarket on a bright and sunny morning we arrived in Southend at 11.00 hrs. There was a cool sea breeze as most of our party either walked the mile and a quarter to the end of the pier or took the train. We had a lovely relaxing time drinking our tea and coffee and watching the sea on a most beautiful sunny day. Some of us took in the Lifeboat Station at the very end of the pier before we all returned to the sea front.

Again, some of us returned by train whilst others trekked back on foot. Then, whilst some sat on a bench eating ice cream and watching the world go



by, others went for a walk in the gardens opposite the pier and had a Rossi ice cream or fish and chips whilst others took the open top bus for the circular hour tour. Other members went shopping and one met an old school friend and spent the time with her. Back on the coach at 15.30 hrs we arrived home missing most of the rush hour.

Everyone agreed that Southend has

changed so much for the better compared with their previous visits to the resort and the feedback from the group was very positive with members doing their own thing and enjoying themselves. Thanks to everyone for their great company making it such a pleasant day.

We all looked forward to our visit to Aldeburgh Theatre the following week.

Keith and Lorraine

Groups News

From the Groups Coordinator

We are always looking to extend the range of Interest Groups we offer, to support and reflect the varied interests and hobbies of our Members.

Recently a number of new Groups were suggested by U3A Members to cover:

Theatre Trips, History, Quizzes, Drama, Creative Writing, Italian Conversation, Light Music and Chess.

But there needs to be a viable number of members for each group, and at the moment the numbers fall below that level. If any - or several - of these topics would interest you, please let

Bryan Hilton know by email to:

groupscoord@u3astowmarket.org.uk or telephone on 01449 258152.

These groups are actively seeking new members....

Bridge and Canasta

Please contact the convenors as per list in this Newsletter.

French Conversation (2)

In advance of a trip to France my wife Sheila and I attended, and found the atmosphere very welcoming and the opportunity to speak/practice our French very useful. But Zuleika is disappointed with the small membership – usually only 3 or 4. Her French is quite good herself, but she brings in (free) a friend who was a professional interpreter to assist. Given the number of Suffolk people with an interest or property in France, I would have expected there would be more Members....

So, please contact **Zuleika Dobson**, have a chat and see if this is for you.

Poetry Group

The U3A Poetry Group has at present approximately ten members. We have been running for about ten years, meeting on the fourth Thursday afternoon of the month.

We enjoy reading poetry old and new, alternating each month with either a theme or a particular poet. If anyone is interested in joining us we would be happy to welcome them. Past poets studied have been extremely varied, from Shakespearean sonnets to modern day, with familiar and not so familiar favourites in between.

So, if this sounds appealing, please get in contact.

Jenifer Adams, Poetry Co-ordinator

Tel : 01449 615581

Myths, Legends and Story Telling

Whilst our small group is keen and active, I feared that we would have to fold unless we found a new rendezvous. This we seem to have done!! We will be meeting again in September.

We would love to see you, please call

Philip Weir

01449 676 528

Discussion Group

Our last 3 meetings provoked a lot of interest. We had good fun in April discussing **"Men are from Mars and Women are from Venus"**. Some were keen to talk about the differences between the sexes and others found a problem with the stereotyping that inevitably occurs, and why can't men be nurses and women firefighters? The book was made available to the group in advance, and we discussed whether it was a good book of its time and/or maybe a little outdated now? There was plenty to discuss and argue about.

May's topic was **"Globalisation"**. We didn't just focus on trade but also considered some of the wider implications, for example, members having families



living on the other side of the world and the ease of communication and travel these days. This is not just a modern phenomenon either with the spread of cultures (e.g. Greek and Roman) going back hundreds and thousands of years.

June gave a chance for three members to lead the discussion about a topic of their choice with the following topics. i) **"Meditation"** ii) **"Words"** iii) **"Should all Associations be open to both sexes"**. For the first time, maybe ever, we had some peace and quiet within the group as we did a ten-minute meditation to start with. The peace didn't last as everybody had different experiences and considerable differing opinions. To some it brought calm and to others they

couldn't stop thinking.

We have had lots of ideas for the new **2018/19** programme which can be found on the website (just follow the 'Discussion' link on the 'Groups' tab). I am particularly interested in people's ideas for **"The best place to live in the world and why?"**

We have taken a summer break during July and August as we tend to get hot enough under the collar in the winter without doing so in a heatwave. We reconvene on Tuesday 11 September, 10am – 12 noon with a discussion on **"Current News Stories"**.

We have vacancies so if you are interested and want to know more please contact **David Warner** on 01449 612730/07789 002828

Gardens and Things



A Fine Afternoon Out! G&T visit to The Priory Gardens

What could be more pleasant on a sun kissed June afternoon than to walk round a magnificent garden with views across Constable country? Little I know of, except if you add some small

lakes and walled gardens and to top it off, a Victorian greenhouse jam packed with beautiful flowers. Finish off with tea and homemade cake of course and everybody went home happy!

The property dates from the 13th century and our host was the owner, Mrs Englehart. It was obvious that this garden is her life's work. It is open to the public only on rare occasions, so many thanks to Shirley Bonner for organising the outing there.

If you want to join the **G&T** adventurers on any of our trips out you will be very welcome; see below for details of the remaining programme for 2018.

Stewart Dorward 01449 774 213



G&T GROUP – REMAINING PROGRAMME FOR 2018

Date	Event	Organiser	Notes
16 th Aug	Fuller's Mill, tour of gardens and afternoon tea IP28 6HD	Janet Stanley 01449 676 414	Solar at 13:15 or venue at 14:00
20 th Sep	Anglesey Abbey CB25 9EJ	Keith Shelton 01449 768 744	Solar/shared transport
18 th Oct	Buxhall Bygones IP14 3DH. Visit Museum. Tea and cake	Stew Dorward 01449 774 213	Solar at 13:45 or venue at 1400
15 th Nov	End of Season Lunch/ 2019 planning meeting	Shirley Bonner/ Stew Dorward 01449 774 213	Cedars hotel

Please note:

The following groups have now closed:

Day Walks

Shorter Country Strolls

Art Appreciation (SEAM)

Singing Group

The Singing Group is almost into its third year and has continued on a fortnightly basis. We meet at the Hillside Community Centre at the Combs end of Stowmarket on the first and third Thursday of the month from 2pm to 3.30pm. This is a good venue as there is usually plenty of parking available.

During the spring and early summer we continued to expand our repertoire and have gained confidence in 2 and 3 part singing. We have all been delighted with the results. Singers are not required to be able to read music and many of the songs will be known already. Our repertoire is wide and includes folk songs, pop songs (usually from the 60s and 70s) as well as songs from earlier times and other cultures.

We decided to take a break during July and August, but Susan kindly arranged for members to meet up socially for afternoon tea at the Osier's Cafe near the Museum for East Anglian Life. Those who were available to attend had a very enjoyable time.

We were very sad to lose one of our members, David, who always brought fun and jollity to our meetings. Unfortunately, a few other regular members have left for family and other reasons, but we very much hope that they will return when circumstances alter. Fortunately, several new members have joined which have kept the numbers

buoyant. The first meeting is free, after that the current charge is £1.50 each session which covers the cost of hiring the hall.

We currently have twenty singers in the group, and are very happy to welcome more members. The chief aim of the group is to enjoy singing together. We don't generally 'perform', but we have led the singing for U3A events and for a group, for adults with learning disabilities, that also meets at Hillside on Thursdays.

The next meeting is on Thursday 6th September. If anyone is interested in joining or finding out more about the Singing Group please call Hilary on 07842 189 794.

Play Reading Group

The Play Reading Group continues to meet monthly and this year we have read "Blithe Spirit" by Noel Coward, "House Guest" by Frances Durbridge and have just completed "Look Back in Anger" by John Osborne.

In August we will commence reading "I Am a Camera" by John Van Druten. Just before the Nazis ascend to power in Berlin, Chris, an aspiring novelist from England, meets flamboyant cabaret entertainer Sally Bowles and an unusual friendship is born. As Sally feeds her extravagant tastes, Chris goes along for the ride, until their Jewish pal, Fritz, encounters trouble. (This play is adapted from a play based on the mem-

oirs of writer Christopher Isherwood, this story served as the inspiration for the acclaimed musical "Cabaret."

We meet on the second Monday of the month. We have one available space and I will take a waiting list; therefore if anyone is interested please contact:

Maureen Wingham-Eaton on 01449 771 200

Broadening Horizons in Art

A new art history group is starting in September!

We are the old **S.E.A.M** group which dissolved in April. This was the result of our previous meeting room being unsuitable. The Maxwell-Charney Room, being attached to Haughley Post Office, was at times a thoroughfare to the village convenience!

Also we experienced a drop in numbers, mainly through moving out of Suffolk, ill-health, and long term members taking up other interests.

We have been a very successful group and the core people who remain are very enthusiastic to continue.

Our change of name reflects what we intend to do: all of us to fully participate whether knowledgeable or not!

We will meet at 2pm on the third Monday of the Month at **The Mix**, Stowmarket. First session in September. Please contact me if you are at all interested.

Devam Hendry 07954 162 989



A letter from one of our members to Third Age Matters

I am horrified that the governing body of an age related organisation with a well-read magazine should force readers into computerisation.

There is nothing better than receiving a good, well written magazine and going out into the garden, or elsewhere, to read it. I am sure that this is what most

of the membership would prefer.

I always look forward to receiving the TAM and Sources in print, which I will look through, then read at my leisure. In that way I am not stuck in front of a computer screen, tablet or smart phone. If this trend goes on, as is indicated in the **Chairman's statement in Sources (Summer 18)**, everyone will have to be on line to receive anything.

Many members are not on line or com-

puter literate. They would certainly not make a long trip to a local library just to read **Sources** or **TAM** on the internet – even if they could find them! Internet is not always the best way. This is certainly not the best way of keeping members.

John Pattison

Stowmarket U3A

Thanks, John.

What do you think?

Ed

STOWMARKET U3A, ACTIVITY & INTEREST GROUPS – August 2018. Please contact the Leader/Convenor for more information

ART APPRECIATION (SAAG)	Monthly: Agreed Tuesday	LUNCH CLUB (2)	Monthly: 4 th Thursday
Tony Taylor 01449 258 192	9.30am	Bryan Hilton 01449 258 152	12.30pm
BOOK CLUB	Monthly: 4th Monday	LUNCH CLUB (3)	Monthly: 4 th Thursday
Mary Bradley 01449 775 628	2.00pm	Pat Griffiths 01449 721 137	12.30pm
BRIDGE INTERMEDIATE	Weekly: Friday	MUSIC – Classical	Monthly:- 4 th Tuesday
Michael Last 01359 241 703	1.30pm	Ian Hooper 01449 770 179	10.00am
BROADENING HORIZONS in ART (New)	Monthly: 3 rd Monday	MYTHS, STORIES AND LEGENDS	Monthly: 1 st Monday
Devam Hendry 07954162989	2.00pm (Starts September)	Philip Weir 01449 676 528	2.30pm
CANASTA	Weekly: Wednesday.	PAINTING FOR PLEASURE	2/Month: 2 nd , 4 th Fridays
Hazel Burl 01449 615 581	9.30am (Stowupland)	Nina Rouse 01449 612 042	10.00am - 12noon
COMPUTING & TECHNOLOGY	Online Q&A forum -	PATCHWORK	Monthly: 3 rd Monday
Peter Dakeyne 01449 781 562	Quarterly meetings only	Kate Riddleston 01449 612 871	2.00pm
COUNTRY STROLLS Longer	2/Month: 1 st , 3 rd Fridays	PHOTOGRAPHY	Monthly: 3 rd Tuesday
Phil Webb 01449 614 616	9.30am (variable)	Peter Dakeyne 01449 781 562	2.00pm
Anna Bradshaw 01449 745 829			
DISCUSSION	Monthly: 2 nd Tuesday	PLAY READING	Monthly: 2 nd Monday
David Warner 01449 612 730	10.00am	Maureen Wingham-Eaton 01449 771 200	10.00am
FRENCH CONVERSATION (1)	2/Month: 2 nd , 4 th Tuesdays	POETRY	Monthly: 4 th Thursday
Andrea Burton 01449 258 865	10.00am	Jenifer Adams 01449 615 581	2.00pm
FRENCH CONVERSATION (2)	Alternate Wednesdays	SCRABBLE PLAYING GROUPS	Several - By Arrangement
Zuleika Dobson 01449 615 811	10.00am	Michael Last 01359 241 703	
GARDENS & THINGS	Monthly: 3 rd Thursday	SINGING	2/Month: 1 st , 3 rd Thursdays
Stewart Dorward 01449 774 213	9.30am (variable)	Hilary Foster 01359 241 773	2.00pm
LUNCH CLUB (1)	Monthly: 2 nd Thursday	Art Appreciation (SEAM) closed; reformed as 'Broadening Horizons'.....	
Angela Bentley 01449 780 274	12.20pm	Day Walks, Shorter Strolls. These groups have now ceased	

You, Your Data and the U3A

Many of you, our members, will have received a number of communications from other organisations concerning the recently introduced regulations relating to the use and storage of your data. These new rules are commonly known as GDPR.

Well, the U3A movement is not excluded from the impact of GDPR. The general policy of the Stowmarket U3A is to hold your data solely for the use of the U3A movement and only to share or disclose your data on a "need to know". We share your data with the National Office of the U3A movement otherwise your data is used solely within Stowmarket U3A including the leaders of groups within which you may share activities.

The data is stored either digitally upon computers or in hard copy files maintained within the U3A. The data stored are your names and addresses, telephone numbers, email addresses where appropriate, dates of joining (and leaving) the U3A and membership of groups in which you participate. We also hold contact details for next of kin for use in any emergency *for some group activities*.

At the next Annual General Meeting or upon renewal of your membership for next year 2018/2019 you are to be invited to complete a Renewal of Membership Form in which you are requested to express your consent to the manner in which the U3A will store and use your data as set out above. This consent will be an ongoing permission but you may withdraw that consent at any time and the consent will be deemed to have been withdrawn upon cessation of membership. New members will also be requested to consent in similar fashion. For your convenience and to save time on the day, a copy of the new Application/Renewal form is included with this Newsletter.

Should you have any further questions or require any more clarification then please contact one of the Chair, Secretary or Membership Secretary and thank you for reading and considering.

More about Health and Safety

A number of issues revolving around health and safety have been discussed within the U3A including the extent of cover for members individually and collectively under the public liability insurance policy under which the U3A and its members are insured.

Firstly, the insurance is for public liability only and is not in any way shape or form cover for injury or personal accident unless such injury is caused by the neglect of the U3A or an individual member whilst the claimant is involved in the U3A activity as a member of the U3A.

Secondly, the cover extends to events which are within the defined Objects of the U3A as set out in the constitution. These activities are strictly limited to those activities; persons who are not members of the U3A are not personally covered. Therefore a carer attending a U3A activity to assist a member is not covered unless that carer is a member of the U3A acting in an unpaid capacity.

The cover is for liability to third parties for claims arising out of the neglect or for actions of the U3A or an individual member of the U3A whilst engaged in a U3A activity.

As the insurance cover does not extend generally to personal accident, members are therefore reminded and requested to exercise care and responsibility for their own safety whilst engaging in U3A activities.

Ken Snow

August 2018

ANNUAL GENERAL MEETING

NOTICE

Notice is given that the 28th Annual General Meeting of STAR, Stowmarket University of the Third Age (U3A) will be held at The United Reformed Church, Ipswich Street, Stowmarket, IP14 1AD on Wednesday 19 September 2018 at 1.30 in the afternoon.

AGENDA

1. Welcome and Introduction
2. Minutes of the Twenty Seventh Annual General Meeting
3. To consider, and if thought fit, to pass Special Resolutions to change the Constitution of the U3A (A copy of the Constitution incorporating the proposed changes will be available at the meeting and on the website by 29 August)
4. Report of the Chair for 2017-18.
5. Report of the Treasurer including the presentation of a Financial Statement for the Year ended 31 July 2018
6. To appoint a suitably qualified person to examine and report on the Financial Statements for the year ending 31 July 2019.
7. To elect Officers of the U3A until the conclusion of the twenty ninth Annual General Meeting Chair, Honorary Secretary and Honorary Treasurer
8. To elect members to serve on the Committee of the U3A

After the conclusion of the formal business there will be an opportunity for members to discuss matters of interest relating to the business of the U3A

By Order of the Committee.

Connie Harford
Honorary Secretary.

31/07/2018

Note: Nominations for Members to serve as Officers or Committee Members, signed by the Proposer, Second and Nominee must be received by the Honorary Secretary on or before 12 September 2018

Minutes of the U3A Annual General Meeting 20 September 2017

- 1) **Present:** 75 members and visitors had signed in. Apologies from Helen Freeman, Ann Russell, Elspeth Ireland, Jane Langley and Harold Turner.
- 2) **Minutes AGM** from 2016 had been distributed.
- 3) **Matters arising from the minutes.** There were no matters arising.
- 4) **Annual Statement for STOWMARKET U3A**
"The Chair, Mr Bryan Hilton delivered his Report for the past year. Thanking each member of the Committee in turn for their hard work and contribution and support Bryan concluded his report by thanking the membership for their support during his three year tenure.
The Report was accepted and adopted by the Meeting."
- 5) **Treasurers Report**

The Treasurer Mrs Jean Roche delivered her report and the Financial Statement for the year ended 31st July 2017. The Report and Financial Statement were accepted and adopted by the Meeting. In conclusion Mrs Roche expressed her thanks to Pat Smith for examining and reporting on the financial content. There was a comment that the TAM (magazine) seemed expensive and it was stated that this could be downloaded from U3A, albeit at a lesser quality, at no cost to our U3A to reduce costs (as there would be no postage to pay). Thanks to Jean were expressed.

- 6) Ken Snow and Elizabeth Gillett gave brief resumes of themselves before being elected en bloc as follows:

Chair	Mr. Kenneth Snow
Secretary	Mrs. Connie Harford
Treasurer	Mrs. Jean Roche
Membership Secretary	Ms. Andrea Burton
Programme organisers (joint)	Lorraine Shelton Keith Shelton
Groups Coordinator	Mr. Bryan Hilton
Committee Member	Ms. Evelyn Russell
Committee Member	Elizabeth Gillett

Bryan Hilton offered to take on the role of group co-ordinator.

- 7) Information of 3 Individual groups' activities was given out.
- 8) Date of the next AGM, Wednesday September 19th 2018 (venue to be agreed).
- 9) Close of Official Business was at 2.35pm.

Programme

- 1.00 pm Doors open
1.30 pm — 2.15 pm **AGM**
2.30 pm — 4.00 pm **Groups Showcase #**

Light refreshments will be provided.

Membership renewal: £15.00 pp becomes due at this meeting (cheques made out to STAR, please) and will be carried out in the corridor between the Church and the Hall 1.00pm till 4.00 pm, *excluding the AGM time itself*.

Group Convenors are encouraged to arrive at 1.00 pm to give time for setting up their displays in the hall.

Stowmarket University of the Third Age Income and Expenditure Account, Y/E 31st July 2018

	2018	2017
Income		
Membership/ Visitor Fees	3,185	3,451
Refreshments(net)	30	96
Miscellaneous	50	20
Bank Interest	6	8
Social events surplus	61	
	3,332	3,575
Expenditure		
Hire of premises (URC etc)	475	301
Postage & Stationery	37	165
Speakers' fees	350	440
Printing and Newsletter	426	544
U3A Suffolk & District Network	25	25
TAT Capitation Fees	746	787
TAT 'U3A Matters' postal distribution	375	388
Miscellaneous	78	63
Cost of AGM 2017	129	0
	2,641	2,713
Income over Expenditure	691	863
Balance Brought Forward	2,719	1,856
Balance Carried Forward	3,410	2,719

From the Editor.

Apologies— this issue was delayed because of the major administrative changes this year.

It has been increasingly difficult to get sufficient copy to maintain quarterly issues so the next, November 2018, will be the last of these. Thereafter, there will be just 3 per year; March, July or August, and October or November. PD

Editor / Webmaster

Peter Dakeyne

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www.u3astowmarket.org.uk