

Stowmarket U3A



Stowmarket and District Learning Activities in Retirement

Registered Charity No. 1002987



NEWSLETTER

No. 54

8105 NMUTUA

28th Annual General Meeting

meeting proceeded.

The special resolution proposed by the year to 31 July 2018 all of which were The meeting concluded with thanks ex-

accepted and adopted by the meeting.

he 28th AGM of Stowmarket U3A Election of the Officers proceeded with was held at the URC on Wednesday Kenneth Snow and Jean Roche both After the conclusion of the formal busias Secretary.

Committee to change the Constitution There followed the election of comwas passed unanimously. There then mittee members namely Connie Harfollowed the presentation of the Annual ford, Andrea Burton, Evelyn Russell, Report (see p2) and Treasurers Report Keith and Lorraine Shelton, Diane and Financial Statement (p3) for the Plester and a new member Anne Webb.

pressed to the members attending the meeting.

19 September in the afternoon. There being re-elected unopposed as Chair ness there was a brief discussion as to were 85 members present. After the and Treasurer respectively. After the future venues for the regular monthly usual introductions and welcome by the Chair had expressed the thanks to Con- meetings concluding a split between Chair the formal business of the nie Harford who was standing down as both the URC hall and The Mix to be Secretary, Mr Philip Webb was elected appropriate. Further, the meeting expressed a desire to change the official name of the organisation from STAR to Stowmarket U3A and the chair advised that a resolution to give effect to this wish would be put to the members at the next AGM scheduled for 18 September 2019. KS

Stowmarket U3A Committee Members 2018/2019









Diane Plester

Mrs Anne Webb











Connie Harford



Ken Snow

Phil Webb

Jean Roche

Keith Shelton

Lorraine Shelton

01449 614 616

Andrea Burton

Evelyn Russell

Anne Webb

Chairman	Ν
Secretary	Ν
Treasurer	Ν
Membership Secretary	Ν
Programme Organisers	Ν
	Ν
Groups Coordinator	Ν
Committee Members	Ν

Mr Ken Snow	01449 677 099
Mrs Phil Webb	01449 614 616
Mrs Jean Roche	01449 675 984
Mrs Diane Plester	01359 271 652
Mr Keith Shelton	01449 768 744
Mrs Lorraine Shelton	01449 768 774
Ms Andrea Burton	01449 258 865
Mrs Evelyn Russell	01473 833 034
Mrs Connie Harford	01449 774 557

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Report on behalf of the Committee to the members at the AGM, 19th September, 2018 — Kenneth Snow

A s your Chair it falls to me to present the Annual Report on behalf of the Committee to this AGM and I am happy so to

Your committee has worked this year to bring you a fabulous range of topics and activities not just to inform but also to entertain. In this regard there are three people particularly responsible for that success; first **Bryan Hilton** as Group Coordinator and secondly your Programme Organisers **Lorraine and Keith Shelton** who have worked tirelessly to bring you a diverse programme of speakers and events.

This year has seen some horrendously bureaucratic matters for your committee. First the amended constitution then matters around health and safety and of course the new data protection regulations and I wish to thank you all for your forbearance in having to complete the Renewal of Membership form.

That brings me to a big thank you to **Andrea Burton** and her team of helpers. The work of maintaining the register of our membership and the documentation is a huge burden so to you Andrea a big thank you. In preparing for the forthcoming year renewals Andrea has been assisted particularly by **Peter Dakeyne** who has attended the committee meetings as an invitee. Peter of course is well known to you all as the editor of our newsletter. Peter your help has been invaluable and I trust you will continue to support the committee as you have done now for some years.

Your committee strives to understand the wishes of you the members. **Evelyn Russell** who has undertaken a survey of the membership has attempted to analyse the results of that survey and your committee is working our way towards reflecting the expression from the members in how and what our U3A offers. Thanks are also due to Evelyn for the work that she has done to publicise the U3A and our activities.

In the year the committee co-opted **Diane Plester** as a member to prepare hopefully to succeed Andrea as Membership Secretary so we welcome Di to the committee and we look forward to having your help and assistance. Di is offering herself for re-election later in the meeting as are Keith and Lorraine and Andrea.

Regrettably we say good bye to **Elizabeth Gillett** who joined the committee last year but is now standing down to free herself to travel. Liz we offer our thanks and wish you safe travels over the next year.

There remain two other officers to mention. **Jean Roche,** our treasurer of five years has kept the books and prepared the accounts. But she has also kept us on the straight and narrow to ensure we comply with the requirements of the Charity Commissioners and within the regulations which as a charity we must observe. Jean will shortly present the Financial Statements for the past year so in advance I would wish to say to you Jean many, many thanks.

And that brings me to Connie our erstwhile secretary. **Connie Harford** has been our secretary now for a number of years fitting in some opportunities to travel and to tour in her campervan. Again helping to keep us in step with national office The Third Age Trust. Connie is to step down as secretary but will offer herself for election as a committee member thereby freeing up more time for camping and less on struggling to make sense of our deliberations bin committee to write up the necessary minutes.

As to the future, all those I have mentioned save for Liz and Bryan , have enjoyed serving as your committee and are willing to offer themselves for re-election and I commend them all to you the members.

Next year I hope that we can put behind us the bureaucracy and look forward to raising the awareness and profile of our U3A amongst the people of Stowmarket not only perhaps to modestly increase our membership but to let the Stowmarket public what we do and how we do it. Looking forward the committee see no reason to increase membership subscriptions. We wish to see the formation of new interest groups as suggested by you and for this purpose I am pleased to report that your committee has set aside from our reserves the sum of £500 to stimulate new groups which just might need a bit of pump priming to get them started. So please if this might assist you to get going in a new group please let us know.

New group offerings will, I trust, be represented in the show casing next door following the conclusion of this AGM.

Finally A big thank you to you the members for your support and encouragement throughout this past year. Without you the endeavours of your committee would be for nought!

In conclusion the Chair paid tribute to the work and dedication of **Bryan Hilton**, a former chair and committee member over many years.

Report of the Treasurer to the members, AGM 19th September, 2018

am pleased to present to the meeting the financial statement for the year ended 31st July 2018. The principal figures were set out on the back page of the recent newsletter and the figures for the previous year 2017 are shown to the right in italics.

For the year under review the income from members subscriptions amounted to £3,185; other income including a surplus of £61 from social events in previous years was £147 giving a total income for the year of £3,332.

Expenditure for the year amounted to £2,641; the principal items of expenditure were:

Membership Subscriptions to Third Age Trust	£746	
Costs of Third Age Matters	£375	
Fees paid to speakers at our regular monthly meetings		
	£350	

Hire of Venues for monthly meetings and Committee		
meetings	£475	
Printing and Stationery Costs	£426	
Other costs. including last year's AGM (£129) were	£269	

For the year there was a surplus of Income over Expenditure of £691 which has increased our total reserves to £3,410. Your committee believes this position to be satisfactory.

At the year end these reserves were reflected in the balance at bank of £1,470 and a deposit with COIF, the charities investment managers of £2,144. Since the year end a transfer of £500 has been made from the bank to COIF.

The trustees also held on behalf of the G&T group a sum of £105 and an amount of £99 to be repaid to members who regrettably were unable to attend the outings in July.

In conclusion I would wish to thank Mr David Howe for acting as the examiner of this Financial Statement and to express the gratitude of the committee to Pat Smith for acting in that capacity for many years before. A copy of the report of Mr Howe to the members of STAR, Stowmarket U3A, reads as follows:

"I have examined the Financial Statement above for the year ended 31st July 2018, without carrying out an audi.t together with the books of account and other documents of the organisation. In my opinion the Financial Statement is in accordance with those records and fairly sets out the state of affairs for the organisation as at 31st July 2018, and of the Income and Expenditure for the year then ended."

Signed by David Howe, Independent Examiner and dated 12th September 2018.

Therefore I wish to propose that this Report and the Financial Statement for the year ended 31 st July 2018 be approved and adopted by the meeting.

Jean Roche – Treasurer

24 August 2018

Thank you Group Convenors!!

held our annual Showcasing Event hall. in the main hall of the URC. This was an opportunity to share and celebrate each group's activities and to recruit new group members. Sixteen of our groups were represented during the afternoon. It was a very busy session with a contin-

fter our AGM in September we ual buzz of conversation around the noon we have increased our member-

The event turned out to be very successful. As well as existing members

> 23 new members to our heading the marketing of the event. U3A and there is a strong possibility that 5 new groups will be created in areas relating to Theatre, Italian, Spanish, German and another Lunch Club.

This means in one after-

ship by about 10% and potentially increased our number of groups by about 20% - an exceptional result!!

having an opportunity to learn about So well done and thank you to the each group and to help them to decide group convenors and their fellow group whether they would like to join any of members who contributed to the event, them, we are pleased to report that a thank you to the volunteers who had a during the afternoon our very busy time making and serving remembership team enrolled freshments and to Evelyn for spear-

> Also, we hope to arrange a meeting for all new members soon so that we can get to know each other and discuss the ethos/philosophy of the U3A and share ideas about working together.

Keith & Lorraine





Patchwork & Quilting Group

bers decided to learn to make patchwork, it was envisaged that this would be a short-term project, lasting until the basic techniques had been grasped.

This was four years ago and the group has evolved into a patchwork and quilting workshop with members working on their own projects and learning

new techniques as needed.

hen a small group of U3A mem- You may have seen at the AGM/Groups Showcase event a beautiful pink and green double bed quilt made by one of our members - no doubt destined to a family heirloom!

> Unfortunately at the moment, due to space restrictions, we are not able to take on new members.

Kate Riddleston



Scrabble Group—Mike Last.

hilst this group is very much alive, there is an urgent need to have more venues, even if only for 2-4 the month. We have just completed players.

This is particularly necessary in Stowmarket itself where some people would like to play but cannot because they have no transport.

Please let me know if you can help.

Bridge for Beginners/Improvers

Sorry, this group is full at the moment.

Mike Last 01359 241 703



French Conversation (2)

e aim to enlarge our vocabulary and enjoyment of the language using personal experiences, exercises and maga-

zine articles in French.

Sorry, at the moment the group is full.

Zuleika Dobson



The Play Reading Group

he Play Reading Group continues to meet on the second Monday in reading "I am a Camera" by John van Druten.

In November we will commence reading the Robert Bolt play "The Tiger and the Horse". The play's story involves Jack Dean, a Professor of Astronomy at a prestigious English university who is the primary candidate for the Vice Chancellor-ship after the current Vice Chancellor, Hugo Slate, retires the position. Dean has a wife, Gwendolyn, and two daughters, Stella and Mary.

As this group is full, and following a lot of interest at the recent AGM, I will



now have a second Play Reading group - Play Reading (2), commencing January 2019. This will be 4th Monday in the month, 10.00am - 12.00 noon. I will contact the members who have already registered.

For further information, please contact **Maureen Wingham-Eaton** 01449 771200

Photography Group

e each prepare a set of photographs on a 'topic for the month' which are critically appraised by the whole group. Roy Fidler our guru, shows how, if necessary, they can be improved by using simple techniques in Photoshop.

Since we started in 2013 we've covered some 60 different topics, recent exam-'People', 'Flowers', ples being 'Structures' and 'Birds'.

our pictures on the web site, 2013— strictions, the group is currently full. 2018. Just follow 'Photography' on the **Peter Dakeyne** Groups use this page, or link https://tinyurl.com/y737vfhb



Our rolling slide show generated a lot of interest at the AGM/ Showcase event.....

There is a succession of slide shows of Sorry, due to space and time re-

01449 781 562

Stowmarket Art Appreciation Group 2018

he group is usually referred to as developed in our meetings is the ability adoring, studies of ART and Artists. have continued on with only minor learned a great deal. changes to the personnel over the years. Some have been attending since 2002!

the countries of Europe, Asia, Australa- various media. sia and the Americas over the years. We have studied the works of very many artists and ART in its many forms. We have also made numerous visits to galleries and museums.

One of the wonderful things that has tious, sometimes scathing, sometimes

SAAG for convenience but even and enthusiasm our members show in after 15 plus years in operation it hasn't bringing their own particular favourite sagged yet - nor have its members. art and artists and presenting them to Gluttons for punishment, the members the group. As convenors we have

our living room. We have sometimes bit full. Also, the convenors are showing been able to convert it into a exhibition We have, literally, explored the world of space with a roll of corrugated card, ART. From early studies of Suffolk artists some prints and a few pins, or into a we have extended to art from most of small workshop when we have studied

> quiz and mince pies, and organise a only knows. We blame the organis-'bring a plate' Summer lunch. The social ers..... element has been a very positive factor alongside our often humorous, conten-

It has concerned us that we have rarely been able to take on new members. We don't run a waiting list because the time lag would be lengthy. Our living room is quite spacious but with the current tally Our meetings have always been held in of sixteen members it does often get a their age and the organisation isn't as easy as in the past!

We are starting another 'season' with a topic we haven't touched on before: WELSH ART. How we have missed out We usually share a seasonal Christmas on such lovely works for so long heaven

Sally & Tony Taylor November 2018

Gardens & Things

n an August afternoon that was an exception to our outing to a magical place. warm, dry summer a smaller than expected group of intrepid wanderers went to Fullers Mill garden near West Stow country park. The weather relented as we got there though, umbrellas were folded away and the heavy rain left a

fresh feel in the air.



The seven acre garden has been carved out of woodland on the banks of the river Lark over the last five decades and is now a plantsman's paradise of rare and unusual shrubs, perennials and marginals.

fore creating the garden Bernard Tickner was a head brewer for Greene King, surely a life well spent on both counts. He



died last year aged 93 and the garden is now run by a trust.

As tradition dictates, the trip ended with tea and cake in the garden's café. Many thanks go to Janet for organising this

In September the group went to Anglesey Abbey, its gardens and mill. The weather was kinder here and the dahlia display and the working Lode mill were highlights. Thank you to Lorraine and Keith for organising this one.

October was the last outing of the season, a gentle afternoon spent in Granary Crafts and Bygones museum at Buxhall. The visit was well attended and murmers of 'I can remember using those' and 'our family had a radiogram just

like that' could be heard from the

group.





I finish with a plea, it will shortly be time to organise the programme for 2019 and I need your help. If you know of a place within reasonable distance that you think would make for a good day out then please contact me. We can research it together and hopefully come up with trips that have appeal to a good cross section of our U3A's membership.

Stewart Dorward

01449 774 213

The Walking Group

his is a very vibrant group. accommodate the busy time of the time of the year by having a shorter walk followed by a bring-and-share lunch in



Cobbs Place, (I'm told offer is be missed!)

This year

very interesting and enjoyable walks. We the mostly meet at a pub to park cars, order mountains", We lunch and return there after a four-and- the flora and meet every first and third Friday of a-half to five mile walk for our pre- fauna the month except December when we ordered meal. There's time to catch up we find along with fellow members of the group and the way and gives us a chance to welcome and get to the sense of know new members.

> Recently, we have been to The Shep-Haughley Green. herd and Dog, Onehouse; The Dog at the Norton; Campsea Ashe Old Station; The mulled wine on Swan at Westerfield; the cafe at Helmingham Hall Deer Park and The Fox at So if you are interested in joining this good and not to Elmswell - to name but a few.

Our walks give us a chance to explore we different areas of the Suffolk countryhave had some side. We all enjoy the glorious views,

"Suffolk well being which comes



after a good walk. The group is pretty full, (13 new members joining us at the recent AGM), but we like to be inclusive.

group please contact:-

Phil Webb 01449 614 616 or Anna Bradshaw 01449 745 829 for further information

Stop Press! - New Theatre Group

have been able to reserve tickets for The Calendar Girls at Norwich Theatre Royal on Wednesday 6th February at 2.30pm. The price for ticket and coach based on 30 people will be £49.00 each, falling to £41.00 should the numbers increase to 50. In this case refunds would be issued.

The coach will leave Solar car park at 12.30pm. Please contact Sharon Jeeves, preferably by email

sharonjeeves@live.com, or on

07904026864 to reserve your place or for further information. The money needs to be paid on booking as the tickets have to be paid in full by 10th December - I will be collecting names and

payments, please, at the meeting at The Mix on 21st November.

Depending on the interest of U3A members it could be open to non members in order to make it viable, however they WILL NOT BE COVERED BY U3A INSUR-ANCE. Hopefully this will be the start of many enjoyable outings!

October 2018 Monthly Meeting

t our October monthly meeting we welcomed a local speaker, Wendy Smith, who gave a talk about her experiences of being a Wimbledon umpire.

Wendy, from Needham Market, has served at 163.7 miles per been an umpire at Wimbledon for the hour (the world record past 35 years and was able to share speed for a serve). some great insights of what goes on behind the scenes which we would not otherwise know or hear about. She told us that the value of each Umpire's set of uniforms costs over £1000 and they have to adhere to a strict dress code whilst they are on court.

finals. She talked about the umpire's ployed. relationship with the electronic umpire

"Hawkeye" as well as the encountered difficulties making decisions when about whether a ball has landed inside or outside the court after it has been

During the 2018 Wimbledon fortnight 2195 kilograms of bananas were eaten by the players, 166,055 portions of strawberries and cream were consumed, 21,917 bottles of champagne and 117,507 pints of beer were drunk. As you can imagine the tournament is a Wendy went on to tell us how judges very significant logistical challenge to and umpires are assessed and how they organise which is one of the reasons are allocated for the semi-finals and why 6.000 members of staff are em-



Wendy brought with her a considerable amount of memorabilia which was displayed on two large tables for us all to see during her talk and to examine afterwards. The audience asked a good many questions before we brought the talk to a close so we had time for our usual cup of tea or coffee and refreshments.

Keith and Lorraine

JOIN US AT THE OLDER PERSONS'

INFORMATION FAIR

HOSTED BY JO CHURCHILL MP

Having hosted successful information fairs in Bury St Edmunds and Stowmarket, Jo Churchill, Member of Parliament for Bury St. Edmunds, is hosting an Older Person's Information Fair in Needham Market.



On Friday 30th November 2018

All Welcome between 10.00am to 12.00pm

At Needham Market Community Centre, School St, IP6 8BB

- ⇒ Bringing together organisations operating in and around the town
 - ⇒ Highlighting and advising issues heading into Winter
- Information about accessing services and community groups to enhance wellbeing: health, technology, crime prevention...

Come to the fair and enjoy a free cuppa and refreshments, mingle amongst friends, and browse the interesting stalls.

Stowmarket U3A will be there!!

For more information, contact:

020 7219 8487 or jo.churchill.mp@parliament.uk

News from your Group's Co-ordinator Andrea Burton

Launch of New Groups

am delighted to announce that following finalisation at the meeting on 1st November, Stowmarket U3A has 6 (including **Play Reading 2**, see p4) new groups:

Geology – a short course meeting twice monthly on 1st and 3rd Tuesdays. Contact **Linda Reynolds** on: Lsr52@hotmail.com_or phone 07880 516926 for further details.

Spanish – to commence shortly. Contact **Pat O'Shea** on email: patzoshea@yahoo.com or phone 01449 675 228

Italian conversation – contact **Pamela Lore** on email: pamelalore04@gmail.com or phone 01449 672 178

French for Beginners – initial contact Andrea Burton on email: kingburton99@gmail.com or phone 01449 258 865

Outings to the Theatre - To register your interest along with those already expressing interest, please contact Sharon Jeeves on email: sharonjeeves@live.com or phone 07904 026864. Initially 4 trips are to be planned and further details will be announced at the monthly meetings. (Stop Press!, page6)

This is an exciting development by the members for the members so if you have not already expressed your interest and wish to join, make contact soonest! AB

Stowmarket U3A, Christmas Lunch 2018

URC Hall, 19th December 2018, 12.30 pm for 1.00 pm,

Price £18.00 pp - tickets on sale at November meeting

Menu

Prawn Cocktail, or Cream of tomato and basil soup, or Goats cheese and caramelised red onion tart

Traditional Roast Turkey Chipolata sausage, stuffing & Cranberry sauce, or Fresh Fillets of Sea Bass with lemon and herb sauce, or Sweet Potato & Chestmut loaf with Cranberry sauce served -with roast potatoes &' a selection of vegetables

Homemade Christmas pudding with Brandy butter & cream, or Chocolate Overload Cheese cake, or Fresh Fruit Salad, or Cheese selection and biscuits

> Coffee & Mints Homemade Mince pies

(Please feel free to bring your own soft drinks/wine & glasses, should you wish).

Christmas Lunch - At the time of publication, there are still a few tickets available.

If you can't make the meeting, please check with **Evelyn Russell**, **01473 833 034** as soon as possible, certainly by the end of November

Coming Up in 2019.....

January 16th

"Fakes and forgeries in the Fine Art business" Tim Turner

February 20th

"What happens when you dial 999?"
The work of the Suffolk Accident Rescue
Service (SARS)

Ben Hall

March 20th (at The Mix)

"Finger Printing". The history of fingerprinting in crime scene investigation the recollections of a fingerprinting officer. **David Smith**



lish a monthly email Newsletter

(separate from the U3A Matters magazine) with up-to-date information on the organisation - national, regional and local. To get yours just go to https://u3a.org.uk/email and sign up. You can read all recent newsletters by visiting https://u3a.org.uk/about/newsletter.

Of interest in the October issue.....

Fraud and scams — an update on our Spring Newsletter

The Metropolitan Police Service FALCON (Fraud and Linked Crime Online) have been launching five - one a week - new Little Guide animations that aim to raise awareness and promote behaviour change over different aspects of fraud.

- Money Mules https://youtu.be/hOLiXY090zl
- Payment Fraud https://youtu.be/O1tktyF0-Tg
- Computer Software Service Fraud https://youtu.be/aJA-eyVtOW4
- Romance/Dating Fraud https://tinyurl.com/y7pe5osk
- Online Shopping Fraud https://tinyurl.com/ya4kecvx

s previously mentioned, the U3A pub- All videos, and other resources created by FALCON can be found at https://www.met.police.uk/fraud

> To mark International Day of Older Persons, a new initiative was launched - Stay Safe Week for Older People.

> It has been set up by First Aid for Life and Fit for Safety in partnership with the Royal Society for the Prevention of Accidents (RoSPA) and Age UK national.

If you would like to learn more about the initiative please follow this link:

https://staysafe.support/stay-safe-launch-event/

Group Convenors — Do you use the **U3A Resource Centre**?

The National Office is starting to expand the variety of resources that are provided through the library. You can visit it online to browse through what is currently on offer.

To do this, go to https://www.u3a.org.uk/resources and select DVD library (or any of the other several categories) – you can look at the resources available without a login - if you wish to borrow anything just click 'register' and fill in a short form and you get signed up with a login.

It's well worth exploring all the options!!

Ed.

STOWMARKET U3A, ACTIVITY & INTEREST GROUPS - November 2018. Please contact the Leader/Convenor for more information

ART APPRECIATION (SAAG)	Monthly: Agreed Tuesday	LUNCH CLUB (2)	Monthly: 4 th Thursday
Tony Taylor 01449 258 192	9.30am	Bryan Hilton 01449 258 152	12.30pm
BOOK CLUB	Monthly: 4th Monday	LUNCH CLUB (3)	Monthly: 4 th Thursday
Mary Bradley 01449 775 628	2.00pm	Pat Griffiths 01449 721 137	12.30pm
BRIDGE BEGINNERS/IMPROVERS	Weekly: Friday	MUSIC – Classical	Monthly:- 4 th Tuesday
Michael Last 01359 241 703	1.30pm	lan Hooper 01449 770 179	10.00am
BROADENING HORIZONS in ART	Monthly: 3 rd Monday	MYTHS, STORIES AND LEGENDS	Monthly: 1 st Monday
Devam Hendry 07954 162 989	2.00pm	Philip Weir 01449 676 528	2.30pm
CANASTA	Weekly: Wednesday.	PAINTING FOR PLEASURE	2/Month: 2 nd , 4 th Fridays
Hazel Burl 01449 615 581	9.30am (Stowupland)	Nina Rouse 01449 612 042	10.00am - 12noon
COMPUTING & TECHNOLOGY	Online Q&A forum -	PATCHWORK	Monthly: 3 rd Monday
Peter Dakeyne 01449 781 562	Quarterly meetings only	Kate Riddleston 01449 612 871	2.00pm
DISCUSSION	Monthly: 2 nd Tuesday	PHOTOGRAPHY	Monthly: 3 rd Tuesday
David Warner 01449 612 730	10.00am	Peter Dakeyne 01449 781 562	2.00pm
FRENCH CONVERSATION (1)	2/Month: 2 nd , 4 th Tuesdays	PLAY READING (1) & (2) (New)	2 nd Mon (1), 4 th Mon (2)
Andrea Burton 01449 258 865	10.00am	Maureen Wingham-Eaton 01449 771 200	10.00am – 12 noon
FRENCH CONVERSATION (2)	Alternate Wednesdays	POETRY	Monthly: 4 th Thursday
Zuleika Dobson 01449 615 811	10.00am	Jenifer Adams 01449 615 581	2.00pm
FRENCH for BEGINNERS (New)	To be arranged	SCRABBLE PLAYING GROUPS	Several - By Arrangement
Andrea Burton 01449 258 865		Michael Last 01359 241 703	
GARDENS & THINGS	Monthly: 3 rd Thursday	SINGING	2/Month: 1 st , 3 rd Thursdays
Stewart Dorward 01449 774 213	9.30am (variable)	Hilary Foster 01359 241 773	2.00pm
GEOLOGY – short course (New)	2/Month: 1 st , 3 rd Tuesdays	SPANISH (New)	To be arranged
Linda Renolds 07880 516 926	Time, tba	Pat O'Shea 01449 675 228	
ITALIAN CONVERSATION (New)	To be arranged	THEATRE OUTINGS (New)	By arrangement
Pamela Lore 01449 672 178		Sharon Jeeves 07904 026 864	
LUNCH CLUB (1)	Monthly: 2nd Thursday	WALKING	2/Month: 1st, 3rd Fridays
Angela Bentley 01449 780 274	12.20pm	Phil Webb 01449 614 616	9.30am (variable)
		Anna Bradshaw 01449 745 829	

Editor / Webmaster Peter Dakeyne 01449 781 562 newseditor@u3astowmarket.org.uk **Next Issue** March 2019 Last Date for Copy 28/02/2019

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