

Stowmarket



Learn, laugh, live



NEWSLETTER No. 60

NOVEMBER 2020

Dear Members

I do hope you were able to take advantage of our warm summer to meet with family and friends and enjoy our beautiful county while restrictions prevented so much of our own activities.

Groups

As we enter these winter months, sadly the situation still prevents our groups from returning to normal and this is likely to continue through till spring or even summer. A few of our groups (some 11 in total) are meeting either in homes (at least when allowed, within the guidelines) where members are happy to do so, or meeting using video conferencing. We now have a paid subscription to Zoom video conferencing and are continuing to offer our help to anyone who would like to get a group (old or new) up and running either through this medium or in their home. Some groups are not running as their members do not feel safe to meet, or they involve activities considered too risky to hold whilst others don't feel confident with an online format.

I am pleased to announce that we now have a new **Groups Coordinator, Liz Power**. If you would like to chat about your group or are interested in starting a new one that can operate under present conditions, she would be happy to take your call on 01449 710 398 or email at groupscoord@u3astowmarket.org.uk

The committee is aware how many of you are unable to continue your group, so we do hope you are able to keep active and busy and have people to meet.

AGM 2020

You should have received by now notification that we are holding a postal/email AGM. This keeps members safe but still allows everyone to participate. Please read the information we sent and either click on the link provided to complete the very simple online ballot form, or complete and return the paper ballot you were sent and return your ballot sheets (dead line 14th December) as we need more than 53 replies to secure a member quorum (legitimising the AGM). Please see confirmatory Notice and Agenda on page 8

Membership Fees

The committee is also considering membership fees. As much as we would like to roll over the 2019-2020 membership fees, we cannot afford to do this as we still have running costs e.g. membership of the National U3A, The Third Age Matters Magazine sent to members, the printing of Newsletters for members without email. However, as already advised, your present membership will be extended until 31st January 2021. There is the proposal in the AGM package that the 2020/2021 membership subscription should be £7.50 and my report therein gives the rationale behind this.

We do hope you will continue your membership in spite of our restricted activities.

Until next time, please all take care of yourselves and if you wish to talk to anyone of us, please contact us and we can arrange a time to chat.

Glynis Hunt, Vice Chair

Lock Down Group News

Like other U3As and indeed as with the rest of the country, all our social activities were stopped in the middle of March. This didn't deter several of our group leaders from finding ways to keep going one way or another (as reported in the last Newsletter) and as restrictions were eased, it looked as if we could be more adventurous.

This didn't last and once again we are having to be more careful. Nevertheless, some groups have thrived and found innovative ways to continue.....

Walk and Talk

Due to Covid restrictions most of the summer months have been very restrictive. We were only allowed to mix outside in groups of 6, however small groups did manage to organise local walks keeping strictly to the guidelines. A big thank you must go to Roger and Linda, for organising these.

In August the guidelines changed for organised outdoor activities. We were informed by National Office that as long

as we complied with the Ramblers Association rules we could start walking in larger groups of up to 30 people. These rules still included social distancing and all of the precautions relating to meeting outdoors.

Since the guidelines changed we have had a number of great walks including one around Ixworth and Pakenham taking in the windmill and the watermill, Knettishall Heath, Redgrave and Lopham Fen and Norton to Pakenham and back. The weather was kind to us for the first

couple of walks allowing a picnic along the Little Ouse and a further one at the visitor center at Lopham.

Unfortunately, we are now back in a national lockdown and have had to cease walking for the time being. We will obviously keep you informed as the situation changes and hopefully we will manage to walk again as a group before the end of the year.

Take care and stay safe.

Phil Webb



Computing and Technology

At our last Scout Hut meeting in March, I was quite enthused as we had 11 of our 18 members present following a decline in attendance throughout 2019. Unfortunately, our virtual meetings have been less successful with 7/18 in June and then 5/18 in September. We discussed this situation at length and more or less came to the conclusion that the group had run its course and that it was time to call it a day.

These days it's much easier to get information and answers to questions than it was, say, 20 years ago. We've said many times that there are perhaps just 3

sources any one needs; a subscription to 'Computer Active', access to [GCF Learn free](#) and Mr Google himself for any other queries so why do we need a Computing and Technology Group?

We probably don't, *but what we do appreciate is the social interaction that meeting together, even virtually, gives us.* We can safely say that the 5 of us thoroughly enjoyed just chatting about how we were and what we've been up to since our last meeting, so we decided that after all we would have another catch up in December (normally our 'Bring a Plate' session) and of course everyone is welcome to join in if they wish.

We've provisionally arranged for 18th December but I'll send out a reminder closer to the time.

*I should say how sad we were to hear about the passing of our most long standing member **Harold Turner**. I'm not sure when the group started, at least 25 years ago I'd guess, but Harold joined from the beginning. We will all remember him fondly.*

Please see the full obituary on page 10

Peter Dakeyne

[Please see page 9 on how to ensure you always receive the emails sent from Beacon](#)

Discussion Group

What an unusual 5 months since I last wrote about the discussion group for the Newsletter. The regulations seem to have changed continuously and every month has been different. Thankfully we have been able to meet with all our members in some way during this time although we have lost a few for varying reasons, including poor health and moving away. We have been able to meet in my garden with a maximum of 6, inside someone's house with a maximum of 6 and on Zoom with an unlimited number, sometimes more and sometimes less than 6.

From **April to June** inclusive we used the Zoom video conferencing app. This worked well despite difficulties having to run 3 separate meetings to fill our 2 hour meeting. Our summer break is normally **July and August** so when restrictions eased we felt it was important to bring people physically together as safely as possible. We therefore held extra meetings in my garden over the

summer, suitably socially distanced. These proved very successful and gave everybody a chance to make suggestions for our new programme for 2020/21.

Onto **September**, the start of our new programme and thankfully it was still warm enough to continue meeting outside. Our topic was about what we liked and/or wanted to keep as a result of all the changes we had experienced through the pandemic. The benefits for climate change, the peace and quiet and being able to hear the birds were some thoughts with many other diverse viewpoints too. **October** came with deteriorating weather and fortunately we were able to hold our first indoor meeting for 7 months, socially distanced and with a maximum of 6 people. So we went back to our usual venue, the Smiths' house and a fine time was had by all. Our topic **"Dreams for the Future"** gave us something positive to consider and talk about.

November and all change again with the

new lockdown. Undeterred we reverted to Zoom and we are grateful now to have access to Pro Zoom providing excellent zoom quality with a much simpler single connection for our meeting. Our topic was **"Motivation"** so we discussed the effects of having cold morning showers, exercising daily, getting fresh air, walking, meditation, positive thinking and we discussed Maslow's "hierarchy of needs". It seems fundamental to our lives as human beings to stay connected and this has motivated me to keep our meetings going through thick and thin and I'm sure we will continue finding a way. One could say "Where there's a will (i.e. motivation), there's a way" and we certainly have that in our group.

We are open for new members so please contact me if interested; contact details are on our new **2020/2021 programme** which can be found on the web site [here>>>](#)

David Warner

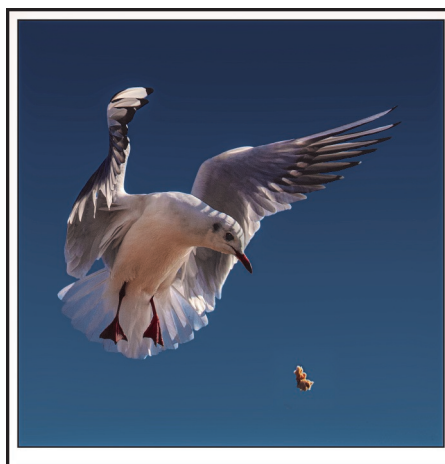
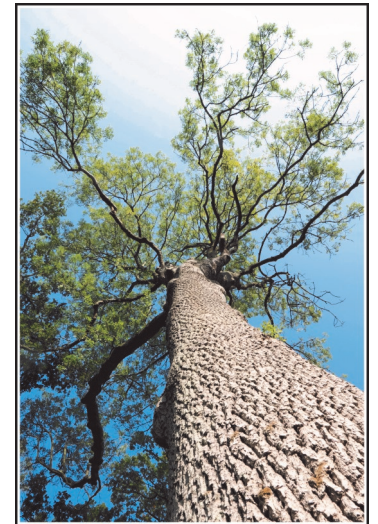
Photography

Throughout the lock down we have continued our monthly sessions using the 8x8 conferencing software and as mentioned last time we expect to be meeting this way for the foreseeable future.

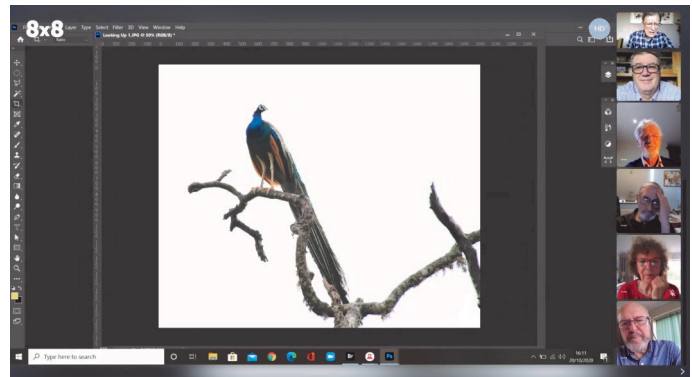
We all submit our photos as normal via Drop Box and Roy is able to share his Photoshop screen so we can admire and/or constructively criticise the pictures as normal. It's all a lot of fun!

Our latest topics have been 'Green', 'Monochrome', and in October, 'Looking Up'. November is 'Patterns/Repetition'. For this issue, Roy has selected one of each of our 'Looking Up' pictures.

Peter Dakeyne

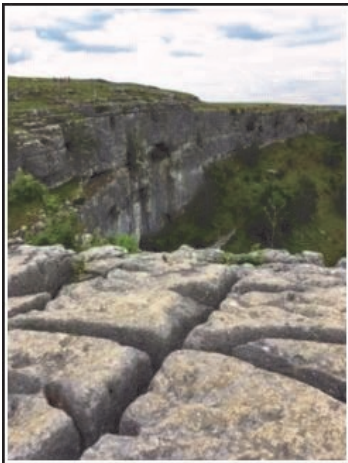


In action!



Geology Group

I am very pleased to say that we have continued to meet twice monthly thanks to Zoom video conferencing. Indeed, it's a case of going up a notch or two in the effectiveness of the meetings. The ability to use Screen Share readily has resulted in PowerPoints, YouTube clips and photos being seen



in full on the monitor by all of the participants. The next step is virtual field trips!

We have been studying the geological history of Great Britain and recently looked at the limestone which was formed 363 to 290 million years ago. It is fascinating to note that at that time Britain was situated astride the equator. The limestone that was formed in the Pennines is well known, particularly the unique limestone pavements at **Malham** in North Yorkshire.

Glacial action and weathering has resulted in rocks that are cut by vertical cracks or joints

with a consistent right-angle pattern. Stunning scenery!

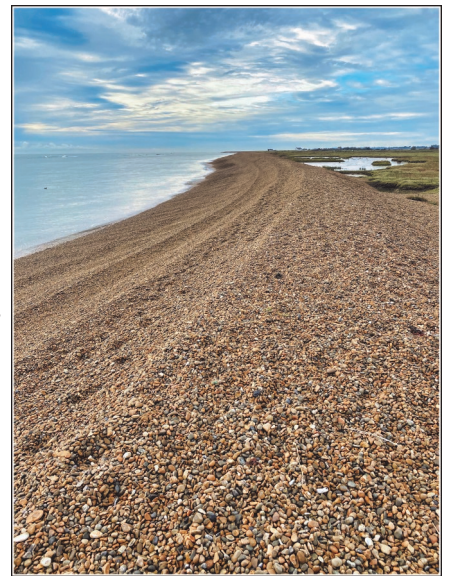
We have also been looking at pebbles as the Suffolk coast and beaches provide a readily accessible area of study.

There are three main shapes of pebbles.

- 1) Spheres – the smallest class and more common on beaches that are frequently swept by rough seas. Will be from rocks formed through the cooling and solidification of magma and lava such as basalt.

2) Ovoids – much larger class and it is natural that the daily to and fro of a beach pebble should make it egg-shaped. Formed from rocks that tend to splinter on being broken, eg. hard limestone

3) Flattened Ovoids or oval discs – again a large class which are pushed to and fro by the tides. Rocks such as soft limestone, soft sandstone and slates will make up this group.



The next time you are out and about on the coast, start spotting. **Shingle Street** is an excellent place!

Quiz Time

In the last newsletter I gave you this question:

How old is the Earth?

- a) 6.4 million years
- b) 46 million years
- c) 4.6 billion years

The answer is: c) which is 4,600,000,000 years ago

Have a go at this question:

What is the hardest mineral in the world?

- a) Diamond
- b) Quartz
- c) Pyrite

Answer in the next newsletter

David Loades

Play Reading Virtual

Since lock down, Play Reading (1) and (2) have merged into 'Play Reading Virtual' using the **8x8** platform. This way we meet twice a month on 2nd and 4th Monday between 11.00a.m–12.00noon.

In this format so far we have read "**Critical but Stable**" by the French playwright Jean-Pierre Martinez, followed by "**Ghosts**" by Henrik Ibsen.

We have now commenced reading "**Man and Superman**" by George Bernard Shaw.

With the restrictions and health concerns of the present time, I anticipate that the Play Reading Group will continue as a Virtual Group for the foreseeable future.

If anyone wishes to join the new Virtual Group, please contact me.

Maureen Wingham-Eaton

Tel: 01449 771200

Maureen.wingham@mwmedia.uk.com

Singing Group update

The Singing Group is 'on hold' for the time being. Back in March we started having Zoom meetings most Thursday afternoons, but as it was sometimes difficult for me as well as other members to actually get everything to work, I finally abandoned the idea. Since then we've had one very enjoyable 'socially distanced' get together, which was arranged by Susan, and held at Stowmarket Golf Club. We felt very safe and thoroughly enjoyed our afternoon tea.

Until there is a vaccine, or we're told it's safe to meet up in large groups again, I fear the Singing Group cannot meet.

I wish all the U3A members good health and hope the current situation won't continue for many more months.

Hilary Foster

Myths and Legends

Prior to the lock down we were having enjoyable meetings at the library, but since then there has been no enthusiasm to meet virtually as some other groups are doing.

I'm sorry then that I have to suspend the group, at least until we can meet again as normal.

Philip Weir

Table Tennis

As I said in the last Newsletter many group actives can be replicated using video conferencing, but unfortunately Table Tennis isn't one of them!

As the rules eased, play was allowed following guidelines issues by 'English Table Tennis', the governing body.

We work closely with Stowmarket Table Tennis Club who started some trials

with their St Peter's Hall Monday morning group. The restrictions were severe - no more than 6 at a time, only 3 tables allowed, all table and balls disinfected before during and after a session. Masks to be worn when not playing and social distancing reducing the chat. They held two sessions on the day and nobody at the first was allowed at the second.

They were planning to start the Thursday sessions and I was going to attend and report back to our group, but the latest lockdown put paid to that!

Either way, I don't think that this style of play under these restrictions is something we could enjoy as a U3A group. I'm sorry then, but I think that it going to be some time before we can consider starting our group again.

Please let me know if you feel differently.....?

Peter Dakeyne

ACTIVITY & INTEREST GROUPS - Nov 2020. Please contact the Leader/Convenor for the latest regarding your group's activities.					
ART APPRECIATION (SAAG)		LUNCH CLUB (Sunday)		PHOTOGRAPHY	
Tony Taylor		Contact Andrea Burton 01449 258 865		Peter Dakeyne 01449 781 562	
BOOK CLUB		MUSIC – Classical		PLAY READING (1) & (2)	
Sylvia Downs 01449 612 661		Ian Hooper 01449 770 179		Maureen Wingham-Eaton 01449 771 200	
BRIDGE INTERMEDIATE/IMPROVERS		PAINTING FOR PLEASURE		POETRY	
Carol Gibson 07918 743 154		Nina Rouse 01449 612 042		Jenifer Adams 01449 615 581	
CANASTA (1)		PATCHWORK		QUIZ	
Hazel Burl 01449 615 581		Kate Riddleston 01449 612 871		Melanie Westenra-Hartley 01449 767 757	
CANASTA (2)		GEOLOGY		SCRABBLE PLAYING	
Carol Gibson 07918 743 154		Linda Reynolds 07880 516 926 David Loades 07761 282 630		Contact Andrea Burton 01449 258 865	
COMPUTING & TECHNOLOGY		HISTORY		TABLE TENNIS	
Peter Dakeyne 01449 781 562		Melanie Westenra-Hartley 01449 767 757		Peter Dakeyne 01449 781 562	
DISCUSSION		LUNCH CLUB (1)		THEATRE OUTINGS	
David Warner 01449 612 730		Angela Bentley 01449 780 274		Sharon Jeeves 07904 026 864	
FRENCH CONVERSATION (1)		LUNCH CLUB (2)		SINGING	
Andrea Burton 01449 258 865		Bryan Hilton 01449 258 152		Hilary Foster 01359 241 773	
FRENCH CONVERSATION (2)		LUNCH CLUB (3)		WALK and TALK	
Zuleika Dobson 01449 615 811		Pat Griffiths 01449 721 137		Phil Webb 01449 614 616 Keith Shelton 01449 7 68 744	
GARDENS & THINGS		MYTHS, STORIES AND LEGENDS			
Stewart Dorward 01449 774 213		Philip Weir 01449 676 528			



Comments & suggestions on any aspect of the Newsletter or indeed Stowmarket U3A in general are always welcome!

Answer to the Scrabble Puzzle in the printed version of the last Newsletter (first seen in 2014!)

Letters **SIXUOLU**, giving **LUXURIOUS**, 9 letter word on G8 and triple.

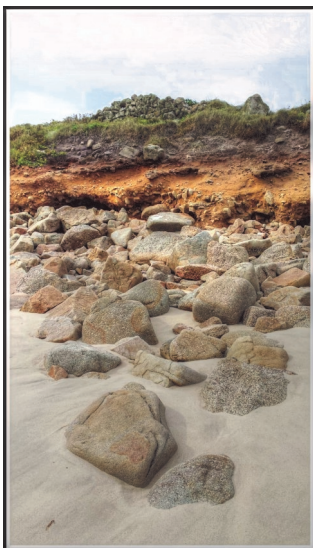
(17x3)+50 = 101 points



Isles of Scilly in September.

Due to the Lockdown, Ken and I had to postpone our trip to the Isles of Scilly from May until September. The famous Abbey Gardens on Tresco are really lovely - but very different in autumn. Having been born in South Africa, I appreciated the proteas still in bloom. In another sunny corner of the island I also saw some Hottentot Figs still in bloom and Aeoniums and Echiums were in abundance.

Ornithologists were about on all the islands watching for migrating birds. We were told that someone had seen a Rose Finch from China and a Wryneck had also been spotted.



From a geology and history point of view we learnt a few things. At the height of the last glacial period, 18,000 years ago, the sea was as much as 100 metres below today's levels, exposing a vast plain stretching all around for dozens of kilometres. As the climate warmed and the ice caps melted, huge volumes of water were released causing a rapid rise in sea levels. At the same time, humans started to move north from the Mediterranean area.

About 10,000 years ago the level was still 30 m below today's level. By 4,000 BC it had risen another 25 m. There is evidence of Mesolithic people in the form of flint arrow heads and blades. Also Neolithic Stone Age remains. There is evidence of Bronze Age fields (2500-700 BC) and many entrance graves and cairns.



The islands were once connected to Cornwall, many thousands of years ago when the sea level was lower. About 500 years ago the islands were all one island (with salt marsh between some of them). Then the sea level rose further and separated them more permanently. But at spring low tides it is still possible to walk from Tresco to Bryher - wellingtons may be sensible!

The rocks are of the same batholith as Dartmoor and parts of Cornwall - very coarse, but beautiful, granite. Many of the buildings and walls on the islands are built of this stone but now there is, apparently, no suitable quality left for new buildings. Many of the outcrops

have been given names: the Pulpit, Droopy Nose, Toast Rack, the Loaded Camel, the Claw, etc.

On Tresco there are two castles, quite near each other, one is Cromwell's castle and the other is King Charles' castle. Cromwell's castle is on a small promontory and very strong and substantial. King Charles'



castle is on the hill above but is now very much a ruin. During the Civil war Scilly was staunchly Royalist and the young Prince Charles, later Charles II, stayed briefly in the Star Castle on his flight from the Parliamentary forces in 1646. After the Star Castle was captured by Parliament there was a brief peace until 1648 when the islands rebelled and took up privateering again, attacking any passing merchantmen they could

find. The toll on Dutch shipping prompted the Dutch Fleet to declare war on the islands in 1651 - an act that was only formally withdrawn in 1986 when the Dutch ambassador visited the islands to conclude a peace treaty!

At the end of the Civil War, in order to dilute Scilly's Royalist sympathies, Parliament encouraged a period of resettlement by families from the mainland.



The map we used while exploring the islands had many of the shipwreck sites marked on it. Many stories and dates from over the centuries. The Bishops Rock Lighthouse is still the most important one - the most exposed in Britain. The first lighthouse was washed away before it was even commissioned (1850). The second was more successful but cracks soon started to snake up the sides. A keeper once saw a fish swim past the kitchen window twenty-five metres up, as a wave passed over the lighthouse. In 1882 it was decided to encase the lighthouse with stone. It is now fully automated.



Andrea Burton

Did you know...?

One of the pleasures in researching for and editing this Newsletter is that I discover something new almost every time.

Did you know we have (at least) two published authors amongst our membership?

In the Summer issue, we read about '**Angela's Pin**' by **Carolyn Belcher**. Carolyn gave us a fascinating insight into her early history and how this developed into a passion for writing, leading eventually in 2014 to....

['Crocodiles and Angels'](#), (Amazon link, read the reviews they are very good) the first book of a quartet under the umbrella title and the second, ['The Mirror In The Cathedral'](#) was published in 2015.

For this issue, we have **Maureen Wingham Eaton**, leader of the (now) Virtual Play Reading Group.

Maureen published her first memoir in 2013....

['A Marriage Made in Heaven'](#) and more recently in 2019 ['Another Look at Life'](#). To give you a taster, here's a copy of the summary on the Amazon page....

"Maureen Wingham's life has been a cascading whirl of opportunities, triumphs and tragedies that have tested her in ways the young Maureen, brought up during World War II, could never have envisaged.

She recounts her pathways through a professional life in advertising and PR consultancy, focusing on fashion clients and travel media representation; relinquishing her theatrical ambitions; severing a business partnership and plunging into the music business.

You will learn how a chance meeting with a singer led to a fractious relationship and separation, and how this directly resulted in her first marriage, motherhood and subsequent divorce. Later, following an unexpected visit from the singer they were reunited – although he still had a somewhat chaotic lifestyle including brushes with the law and frequent disappearances. These would continue, as did the relationship, until his final illness.

Always optimistic, always inspired by dance, with a deep love of animals and of family, Maureen set forth her plans to retire to Spain, but even this had unexpected consequences with a sudden rapprochement with her business partner after 40 years.

Another Look at Life will inspire and delight you as it celebrates one woman's tenacity and her joy of living."

Do we have anymore members hiding their light under a bushel ? I'd love to hear from you.

Peter Dakeyne newseditor@u3astowmarket.org.uk

Beacon: A tool to run our U3A safely

The U3A has designed a system called **Beacon** to make the life of committee members and group leaders easier with security, no duplication, joined-up functionality, less work and more accuracy.

Beacon provides a set of tools to a **Membership Secretary** for handling all aspects of membership and communications; it provides a **Treasurer** with a financial management system based on a secure, simple transaction approach and, Groups being at the heart of a U3A, it provides **Group Leaders** with membership management, calendars, group ledgers and easy communication with group members.

Our committee decided to look into these benefits late last year and we started testing and reviewing it on a demo system in February this year. Our results were positive and the

committee decided to purchase a license, at £1 per member per year, and in April we went live.

We now plan to use **Beacon** when whenever possible, this newsletter has been sent to many members using it, and when we renew our memberships most of our old spreadsheets will not be necessary.

Please remember to tell our Membership Secretary - membership@u3astowmarket.org.uk whenever you change your email address.

Group Leaders - please make sure your member details are kept up to date in **Beacon**. When everyone is familiar with the system, you will find it very useful. Training can be provided if required.

Linda Reynolds sabeacon@u3astowmarket.org.uk

suffolkartlink

Free arts programme for Suffolk's
older residents

'What is your village made of?' invites adults (55+) to take part in activities that encourage creativity and connection with others using their home villages and towns as inspiration.

The programme has been designed as part of [Suffolk Artlink's](#) 'Make do and & Friends project and will last until the end of March, 2021

KS

2020 ANNUAL GENERAL MEETING

DECEMBER 16th 2020

Notice is given that the 30th Annual General Meeting of the Stowmarket U3A will be held via email/post for members and virtually by the Committee on 16th December

AGENDA

1. Resolution (1) as a consequence of the delay in holding the AGM within the time period required under the Constitution, to absolve the committee of any responsibility arising from the delay.
2. Resolution (2) to increase the size of the committee.
3. Minutes of the 29th AGM
4. Chairs report on behalf of the committee.
5. Treasurer's report and 2019/20 Financial Statement
6. Appointment of qualified Examiner of financial statement for the year ending 31st July 2021
7. Agree subscription for year ended 31st July 2021
Election of officers of the Stowmarket U3A until the conclusion of the 31st Annual General Meeting, Chair, Vice Chair, Honorary Secretary and Honorary Treasurer.
8. Election of members to serve on the committee (for vacant posts)
9. Any Other Business.

How to stop legitimate emails going into spam

With the ever increasing number of spam emails being generated there has been a similar increase in the number of genuine emails being identified as 'spam', unknown to the recipient. This can be triggered by a word or phrase deemed 'suspicious' by the email spam filters even if included in an otherwise innocent sentence.

These filters are particularly effective when looking at bulk delivered emails such as those from **Beacon**. It can be random, sometimes you will receive it, sometimes it will be silently placed in your 'spam' or 'junk folder'. *Irrespective, it's always worthwhile to get into the habit of checking these folders, say at least once per week.*

Emails from Beacon will always come from 'noreply@u3abeacon.org.uk' (you can still reply to the actual sender) so it's *necessary to add this address to your contacts and/or 'safe sender' and/or 'white list'.*

The method depends very much on who the email provider is and whether it is accessed via a website or via an email application such as Microsoft Outlook, Windows Live Mail or Thunderbird, say.

Here's a [link to a page on our web site](#) with suggestions for some popular email providers.

Peter D

Stowmarket U3A Committee Members 2019/2020

Chair	Currently not filled		chair@u3astowmarket.org.uk
Vice Chair	Mrs Glynis Hunt	01449 258 714	vicechair@u3astowmarket.org.uk
Secretary	Mr Phil Webb	01449 614 616	secretary@u3astowmarket.org.uk
Treasurer	Mrs Evelyn Russell	01473 833 034	treasurer@u3astowmarket.org.uk
Membership Secretary	Mrs Ann Weedon *	01449 771 947	membership@u3astowmarket.org.uk
Programme Organiser	Mr Keith Shelton	01449 768 744	programme@u3astowmarket.org.uk
Programme Organiser	Mrs Lorraine Shelton	01449 768 744	programme@u3astowmarket.org.uk
Beacon Administrator	Mrs Linda Reynolds	07880 516 926	sabeacon@u3astowmarket.org.uk
Committee Members	Mrs Anne Webb	01449 614 616	
	Mr Mike Barnes *	07916 150 475	
* Co-opted members	Mrs Amanda Park *	01449 781 972	
Non Committee post			
Groups Coordinator	Mrs Liz Power	01449 710 398	groupscoord@u3astowmarket.org.uk

The U3A YouTube channel has been mentioned in several recent newsletters, and is well worth a visit. There are lots of different podcasts relating to interest groups, as well as some giving general support for staying physically and mentally active. Follow [U3A You Tube Channel](#) to find out more.

Obituaries

We are sorry to announce the deaths of three more of our members.....

HAROLD TURNER: *Harold was due to be at the forefront of our 30th Anniversary celebrations but sadly, this event, like many others, had to be cancelled.*

In 1989 he was tasked with the job to investigate the possible starting of a U3A in Stowmarket and is believed to have created the hand written notice announcing the preliminary meeting. This developed over the next year, and with financial help from 'New Horizons Trust' and the 'Stowmarket Relief Trust', the U3A was born on 24th April 1990.



From the beginning Harold was an active member and became one of the first to receive Honorary Life Membership. For many years he hosted the Computer Group at the Woodfield Bowls club (we remember his trials and tribulations with the window black outs!) and continued with the group through its many iterations.

His other significant contribution was as convenor of the G&T Group for several years, receiving many plaudits for the imaginative, educational and enjoyable trips he organised.



Overseeing the 25th Anniversary in 2015

He joined the Committee in the early 2000's, then Vice Chair in 2004 before becoming Chairman, 2006-2009

He leaves Irene, his wife of 73 years and 3 daughters and grandchildren

A great loss to our U3A!

ALICE GLASS: *A member since 2014 - Alice was a member of the Canasta group and occasional visitor to C&T meetings. A friend describes her....."I partnered both with her and occasionally against her in Canasta games where she usually won. She had a very agile mind and read a great deal. Her knitting skills were legendary, being able to knit complicated Aran and lacy patterns from memory". She leaves 2 daughters and grandchildren..... Sadly missed*

JOHN BLAKE: *His partner, Judith, introduced him to U3A Stowmarket in 2018 and he enjoyed coming along to the monthly meetings. Being a keen walker he joined the Walking Group and had many a yarn to tell as we walked along the footpaths. He leaves a legacy of helping Eye Town to gain the 'Walkers are Welcome' accreditation, developed walks in and around Eye and helped with the production of a Discover Suffolk Leaflet and local signage for walking in the area, and as an Eye Town Councillor he supported the Eye Outdoors Group. He leaves two sons and daughter in laws and was fortunate to be able to enjoy the arrival of his first granddaughter. His cheerful and laid back disposition, with that big smile, will be missed by so many.*



Our Condolences go to all the families.

Editor / Webmaster

Peter Dakeyne

01449 781 562

newseditor@u3astowmarket.org.uk

Next Issue

March 2021

Last Date for Copy

28/02/2021

www.u3astowmarket.org.uk