

Hello and welcome to our July newsletter.

As you are aware, the government has announced the lifting of restrictions, allowing us to plan our activities once again; be it in a safe a way as possible.

Hopefully you will have heard by now that we are planning a **Picnic** in the grounds of the Town Council Offices in Milton Road on **August 18th**. You can find full details on page 8. We hope that you will be eager to come and join us.

Prior to the AGM, we are holding our renewal coffee meeting on **September 8th** in the URC starting at 10.30 am.

Then our AGM on September 15th (Announcement and Agenda on p 9) followed by refreshments and time to socialize. If you are interested in joining our committee, please speak to us

At our **October 20th meeting**, we will be holding our belated 30th birthday celebrations. There will be a celebration cake

and an opportunity to chat, the rest is still in the early stages of planning.

Our group leaders are keen to get going, some have restarted within the Covid rules. The rest will restart properly in September. If you would like to start a new group, please contact Liz our group coordinator – we are always keen to expand our interest groups on offer. There have been a lot of changes to our groups over recent months with some long serving members standing down from their role . The following article by Liz and Lorraine brings you right up to date. Perhaps you feel able to take on the leading of one of these groups? Please let us know.

Wow that is a lot of information. I hope our plans encourage you to continue your membership and that we will see you all soon.

Glynis Hunt, Chair.



(Easing) Lock Down Group News

We would like to start off by welcoming new members to Stowmarket u3a, having done so despite the complications created by Covid. If you have not yet joined a group, hopefully articles elsewhere in the Newsletter may give you inspiration, but please feel free to contact the group leader (see table, p 7) or email Liz at groupscoord@u3astowmarket.org.uk who will help in any way possible.

We had a Group Leaders meeting via Zoom in June to discuss the resumption of activities. It was a good chance to say hello again after the long hiatus and there was general cautious optimism that as restrictions ease all group activity will be able to resume. Some of the groups are happy to continue their meetings via Zoom as it has worked out well. The advantage being, of course, not having to travel, especially in adverse weather conditions. Other groups are looking forward to getting back together in person or doing a mixture of the two. Some of the conclusions reached are given in the

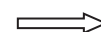
various Leader/Convenor reports elsewhere in the newsletter whilst the others are included in the summaries below.

Since the last newsletter, there have been a lot of changes amongst our groups and even a good bye to one of our leading lights

Andrea Burton

Andrea will shortly be leaving us and venturing to pastures new. Andrea has been a long standing member of Stowmarket u3a, is well known by many of you and will be greatly missed.

Having joined in 2007 she almost immediately became heavily involved, even joining the Committee that same year. She served on the committee for 12 years and took on several roles during that time including Minute Secretary and Group Co-ordinator.



She always fulfilled her duties efficiently and effectively. She will, however, be best remembered for her role as Membership Secretary where she ensured all new members felt welcome and that subscriptions and registration procedures were well organised and implemented. This was not an easy task and took a lot of time and commitment and her hard work was very much appreciated and respected.

In addition, Andrea has made a significant contribution, being an individual who fully participated in the life of Stowmarket u3a. Over a period of many years she has led several groups and supported others in setting up new ones. In 2007, together with Jenny Rogers, she started the Longer Strolls Group (a companion to the long standing Strollers Group). Then came French Conversation (2012) and a Sunday Lunch Club (2019). We know the members will greatly miss Andrea and appreciate all the work she has done for them and we hope that her legacy will be that these groups continue to thrive with new members taking over her roles

We thank Andrea for all her contributions and wish her well in the next phase of her life and hope that she will be very happy with family and friends in Royston.

French Conversation (1). We are grateful to **Helen Mead** who has now taken over the group from Andrea. See Andrea's farewell message on p4

French Conversation (2). Many thanks to **Zuleika Dobson**, who is stepping down as leader of this group for her dedication since setting it up in 2017. We are pleased to report that **Neville Cox** has agreed to take over the role.

Patchwork. We also extend a big thank you to **Kate Riddleston** who is a long standing member and the originator of our Patchwork Group. The group, set up and run from her home by Kate in 2014, has been very successful and well loved by its members. Following the Covid pandemic and enforced restrictions, however, Kate has decided to relinquish her role as group leader but she is optimistic that the group can run without an official 'leader'.

Lunch Clubs, (1), (2), (3) and Sunday Lunch. All now are looking for new convenors; **(1)** since last year when **Angela**

Bentley stood down, as reported in the March Newsletter, **(2)** as **Pat Griffiths** has decided to step down since taking over in 2018 (thank you Pat), and **Sunday Lunch** as Andrea is now leaving us. Lunch Club **(3)** is in abeyance pending news from **Bryan Hilton** who is recovering at home from a recent spell in hospital – we send him our best wishes. In the meantime, thanks go to **Colin Geyman** who has agreed to be a point of contact.

Theatre Outings. This group needs a new leader, primarily to arrange and coordinate the outings when they restart. Many thanks go to **Sharon Jeeves** who has overseen the group since she relaunched it in 2018, but has now decided to stand down.

Art Appreciation (SAAG). Sadly, but with a consensus amongst its members, the group has now closed down - as **Tony Taylor** explains on p 4.

We paid tribute to Tony's wife, Sally, in the last issue. They co-hosted a new group in **2005**, the '**Suffolk Artists Study Group**' at their home. This developed into one of the most popular groups we've had, ballooning from an initial 12 to 19 within a year. The name developed into **Stowmarket Art Appreciation Group (SAAG)** and spawned two new art groups along the way. Once again, we thank Tony for all the sterling work he has done for the group and Stowmarket U3A in general over the years.

Singing Group. **Hilary Foster** and her group have kept in touch by phone and email over the last year and, if there is sufficient interest, hope to restart weekly meetings in September.

Myths & Legends. **Philip Weir's** group is in abeyance at the moment but he is very hopeful that when life returns to something like normal he will be able to resurrect his "Myths and Legends Group", hopefully in the Library again.

We hope to see you at our 'restart' Picnic in August – all the details on page 8.

Liz Power, Groups Coordinator and Lorraine Shelton, Programme Organiser

Quiz and History

As things stand now, I'm looking to start these groups again, at the library, in September.

I thought any of the **History** group could look at **Plagues and Pandemics** in history, there have been many, and it seems very relevant as a starting point, if anyone would like to prepare some notes it would be welcome.

I have another **Quiz** prepared, and after the first session I

thought others in the group could take turns setting the questions.

Both dates will be forwarded to you when more is known. Meanwhile, anyone not previously on my lists will be most welcome to join in. They can email me :

mwestenrahartley@gmail.com or phone 01449 767757.
Melanie

Walk and Talk

2020 was a year of stops and starts, groups of 6 and sometimes larger as the Covid rules permitted.

With lockdown easing we have been able to start walking again in groups of up to 30 people.

Following the presentation in the monthly meeting about the Hoxne Hoard the group ventured on a 5 mile walk around Hoxne taking in the remains of the Abbey, the brickworks and the bridge under which St Edmund was supposed to have hidden from his enemies.



We have also enjoyed walks around Thornham, Stowupland and Onehouse. Following the rule of six, lunch has also



been initially possible outside, but now allowed inside as well.

This month we had a walk around the Old Newton area and found an abandoned brazier in 'Little Wood' which proved handy!

Walking has been very popular nationally during lockdown and this is reflected in the numbers now joining the group.

We look forward to a summer of good walking weather and getting back to enjoying the great outdoors and renewing social contact as we used to enjoy it.

Phil Webb



G and T

It is some months since I last contributed to this newsletter so for the benefit of new members I will begin by explaining the group title.

For those of you with aspirations about Gin tasting I must disappoint you; **G and T** stands for **Gardens and Things**. The aim of the group is to visit places of interest in Suffolk and beyond on a regular basis throughout the Summer months.



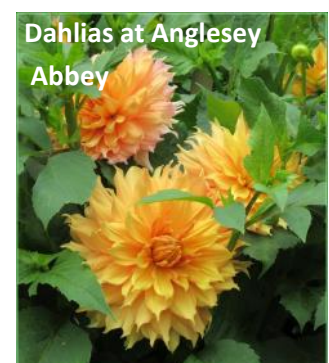
Travel is normally by car share or coach/minibus with time to have something to eat and drink along the way. Unlike other groups, G and T outings are **open to all Stowmarket U3A members** and an annual programme of visits is organised during the Winter months and publicised at the subsequent monthly U3A meetings.

A full programme was organised for 2020; sadly none of it took place.

Activity which is travel based does not really lend itself to Zoom meetings so the group has been moribund for the last 18 months. I do hope to possibly run a trip in September and to hold our traditional annual lunch at Stowmarket Golf Club in late October.

In the meantime feast your eyes on some pictures of better times and visits in years gone by....

Stewart, G and T co-ordinator



Computing and Technology

We've had two meetings since the last newsletter, April and June. Whilst there were only 6 or 7 in attendance at each we had much fun and chatter in amongst our more technical discussions.

Including matters arising from the previous meetings and new topics we discussed (amongst others)...

April: Revo Uninstaller, an excellent tool which does what it says on the tin and the various ways we keep the archive the Computer Group (as it was originally called) on our meetings on [our web site page](#)—back to 2011 would you believe!

We looked at several randomly selected notes of meetings and noted the various topics discussed, lead by members of the group.

In extracts from [Newsletter reports](#) we read that in the early to mid 2000s the group was very active, sometimes with as many as 30 regular members and tutorial sub groups lead by enthusiastic leaders.

I also drew members' attention to a reliable news source ['The Conversation'](#), which gives unbiased, non-political insights into issues of the day.

June: We discovered a new right click option in the Chrome browser, 'Copy link to highlight'. Try it out, it's very clever. MS Edge does not have this facility.

What's the Difference between an Email Account, an Email Address, an Email Program, and an Email Service? We explored this thoroughly with the help of an excellent article from an ['Ask Leo'](#) newsletter.

One of our members alerted us to a new encroachment by Amazon, ['Amazon Sidewalk'](#)it's after your WiFi!

Even if you are not a C&T group member, if you have an IT related problem you can always post a question on [our forum page](#) or failing that contact me on 01449 781 562 or webmaster@u3astowmarket.org.uk and if I can't help I can pass you onto one of our other knowledgeable members.

I believe that these virtual meetings are well worth while and have played a great part in revitalising our group to the extent that we may continue as such even when restrictions are lifted.

Peter Dakeyne



Play Reading—Virtual

The Virtual Play Reading Group has continued to meet twice a month on 2nd and 4th Monday between 11.00a.m–12.00noon.

Recently we have read "The Night of the Iguana" by Tennessee Williams and followed that with "A Streetcar Named Desire" by Tennessee Williams. For a change of mood we are now reading "The Cocktail Party" by T. S. Eliot. I anticipate that the Play Reading Group will continue as a Virtual Group for the foreseeable future.

If anyone wishes to join the Virtual Group, please contact me. Anyone who is interested in joining the Group once we return to live meetings, please contact me and I will keep you informed when the situation changes.

Maureen Wingham-Eaton

Tel: 01449 771200 – email: Maureen.wingham@mwmedia.uk.com

French Conversation (1)

After many years with this group I will be sad to say goodbye when I leave in July. I will be moving nearer to my daughter - over the border in Cambridgeshire! Near enough for the occasional visit - I will miss everyone I know in Stowmarket and the U3A. But I will be joining the Royston U3A and will hopefully make new friends.

This French group has evolved into a close friendship group and our language skills have improved over the years. We have one new member who will be an asset since she lived in France for many years and her accent and pronunciation ability will be of benefit to us.

Our weekly Zoom meetings have helped to make the lockdowns more bearable and we plan to continue with them for the time being. Face to face meetings might take place occasionally in the future - possibly facilitated by our new group leader, **Helen Mead**.

But the group will remain small - up to 7

or 8 members - because this allows for more French language practice for each person. With best wishes to all.

Andrea.

Art Appreciation

The U3A Stowmarket Art Appreciation Group (SAAG) has not been able to meet during this year of Covid. We had thought we would try a meeting in June to see how things might redevelop.

Unfortunately, the long time lapse, the further delay & new health issues mean that we will not attempt a restart now.

SAAG should, sadly, now be considered a past adventure. Thank you to everyone who participated. It was good for a decade and much enjoyed, particularly by the organisers.

Best wishes to all,

Tony Taylor

Photography

We continue to have fun at our virtual meetings and our members are quite happy to continue this way for some time to come.

We all submit our photos as normal via Dropbox and Roy is able to share his Photoshop screen so we can admire and/or constructively criticise the pictures as normal.

Our recent topics have been 'Landscapes', 'Reflections', 'Spring', 'Circles', and in July 'Moving Target'. For this issue, Roy has selected one of each of our 'Circles' pictures.

You can view a full selection of pictures from the last 7

monthly sessions on the latest video (plus all the others back to 2013!) [on our web page.....](#)

Unfortunately, due to the time it takes to go through everyone's pictures, the group is currently full. Please let me know if you would like to go on our waiting list.

On the same topic, though, should there be sufficient interest I would be quite happy to mentor a second, companion group run on the same lines.

Peter Dakeyne



Geology Group

WALL HUGGERS SPOTTED AT HARLESTON !

Date: Tuesday 1st June

Time: Just after 2.00 PM

Weather: A warm, sunny afternoon.

They were spotted, hand lenses at the ready, scrutinising, discussing and attempting to identify the stones in Harleston church wall.



Snippets of overheard conversations:

‘Look at the flints. So many different shapes and colours.’

‘Yes, I can see the outlines of the crystals in this piece of quartz.’

‘Is that a chert pebble? It’s supposed to look like a ginger biscuit.’

‘So many types of sandstone!’

‘This wall was restored in the 1860s’

‘But there are various kinds of limestone too!’



‘What’s this? Ferricrete? Yes, it’s a brown to black conglomerate of flint and fragments set in a rusty sandstone’

It’s quite fascinating to hear that although flint is dominant, there are also quite a few other rocks in the wall. Did they come from local pits or quarries?

Keep your eyes peeled. The Wall Huggers will be out and about again. Possibly, the Abbey Gardens in Bury St Edmunds!

Fascinating Geology Facts

Did you know?

- Mountains are mostly underground.

You know how icebergs are mostly underwater? Mountains work the same way. They have roots that go deep into

the mantle. Scientists noticed this when they were measuring the gravity, and it wasn’t what they predicted.

- Rubies, sapphires and emeralds are all more rare than diamonds.
- A mineral is a natural, non living substance. Examples include gold, silver, gypsum and quartz. Different combinations of minerals form different kinds of rock. Granite, for example, is composed of three minerals, quartz, feldspar and mica.
- A stalactite is an icicle-shaped formation that hangs from the ceiling of a cave. Some stalactites in France are nearly 30m long. To give an idea of the size of such stalactites, think of an old red coloured London bus. 30m is not one bus length, but 3 and 3/5 bus lengths!

Answers to the quiz in the last newsletter:

1. Some rocks are made by heating and squashing. What are these called? – **Metamorphic rocks**
2. The stonewashed effect is accomplished by washing denim jeans in a rotating drum with which light coloured volcanic rock? – **Pumice**

David Loades

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Poetry

The Poetry Group has, unfortunately, not been able to meet since February 2020 owing to the restrictions. It is a very long gap and members are looking forward to finally getting together at the end of July.

The plan is, on the first meeting, to turn up with some poems to share and discuss. We may follow this with a discussion as to how we would like to proceed. We are used to reading and studying almost any poetry but

particularly, modern poems are popular. We might choose to study a particular poet or discover other poems that relate to a topic or theme.

We meet on the fourth Thursday of the month at 2 - 4pm and would be very pleased to welcome anyone new with an interest in poetry.

Jenifer Adams

Table Tennis

STTC have now restarted their over 50s Monday and Thursday sessions. I’ve been to a couple so far and believe

it will be possible for us to restart our group with confidence.

I’ve consulted our members and whilst a couple have had to drop out, the remainder are keen to start as soon as possible but happy to wait until September if necessary.

As there is quite a lot of pre preparation required, I prefer the latter option.

As before, the costs will depend on our member numbers. I’ll be in touch shortly to discuss the details.

Peter Dakeyne

Discussion Group

We have continued to meet regularly this year and completed our programme of topics with a recent meeting in July. We are now taking a break until September.

We have met in a variety of ways this year, using the internet with Zoom, outdoors in a garden and indoors too. We like the motto "Where there's a will there's a way" and so far we have managed to keep meeting irrespective

of the difficulties and limitations that have been around. We hope to be able to continue meeting indoors from September, but if there are restrictions, I am sure that we will find a way again.

The next meeting is after our summer break on Tuesday, 14th September. Our meetings are normally the 2nd Tuesday of each month from 10am to 12 noon in the home of one of our members, so we hope to be able to do that again. We will also start a new programme of

topics, which we are currently collating.

We are open for new members to join us, so if you are interested and have any suggestions for topics please let me know. Our most recent programme of topics can be found on our web site.

[Click here for the details.](#)

For further information please contact **David Warner** on 01449 612730 or 07789 002828

ACTIVITY & INTEREST GROUPS - July 2021. Please note. Several groups are in need of a new Leader/Convenor. If you can help, please contact Liz Power, Groups Coordinator on 07799 761 336, or email groupscoord@u3astowmarket.org.uk. Also, contact Liz if you have an idea for a new group and would like some assistance in setting it up.

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BOOK CLUB	HISTORY	PHOTOGRAPHY (Virtual)
Sylvia Downs 01449 612 661	Melanie Westenra-Hartley 01449 767 757	Peter Dakeyne 01449 781 562
BRIDGE INTERMEDIATE/IMPROVERS	LUNCH CLUB (Sunday)	PLAY READING (Virtual)
Carol Gibson 07918 743 154	New convenor required	Maureen Wingham-Eaton 01449 771 200
CANASTA (1)	LUNCH CLUB (1)	POETRY
Hazel Burl 01449 615 581	New convenor required	Jenifer Adams 01449 615 581
CANASTA (2)	LUNCH CLUB (2)	QUIZ
Carol Gibson 07918 743 154	(Contact) Colin Geyman 01449 766 474	Melanie Westenra-Hartley 01449 767 757
COMPUTING & TECHNOLOGY (Virtual)	LUNCH CLUB (3)	SCRABBLE PLAYING
Peter Dakeyne 01449 781 562	New convenor required	Contact Liz Power 07799 761 336
DISCUSSION	MUSIC - CLASSICAL	SINGING
David Warner 01449 612 730	Ian Hooper 01449 770 179	Hilary Foster 01359 241 773
FRENCH CONVERSATION (1)	MYTHS, STORIES AND LEGENDS	TABLE TENNIS
Helen Mead 01449 677 846	Philip Weir 01449 676 528	Peter Dakeyne 01449 781 562
FRENCH CONVERSATION (2)	PAINTING FOR PLEASURE	THEATRE OUTINGS
Neville Cox 01473 657 374	Nina Rouse 01449 612 042	New convenor/organiser required
GARDENS & THINGS	PATCHWORK	WALK and TALK
Stewart Dorward 01449 774 213	New convenor required	Phil Webb 01449 614 616
		Keith Shelton 01449 768 744
GEOLOGY		
David Loades 07761 282 630		

Meetings and Events

In the March Newsletter, we told you about a new venture, a **Monthly Meeting Video** to be 'launched' at 2.00 pm on what would have been the normal monthly Wednesday meeting.

From all the feed back we've had, these have been very well received and immensely popular. The plan was to have just 4, March to June, but in the event a further one for July was needed.

Here is the full list....

March: 'Record Breaking and the Unusual in Suffolk', compiled by Keith Shelton. (Views to date **215**)

April: 'The Hoxne Hoard', Tony Diamond. Who would have thought that searching for a hammer could reveal so much? (**154**)

May: 'Don't Eat the Cabin Boy', Toni Neobard. The surprising facts you find whilst tracing your family tree. (**96**)

June: 'The Wisdom of Winston Churchill', Tony Diamond. Inspirational statesman, writer, orator, and leader.

What do we really know about Winston Churchill? (**76**)

July: 'A Murder Mystery', by the Gweek Players. Can you identify the culprit before the end? (**50** to date)

If you haven't got around to viewing them yet, you've missed a treat! But, you can still find them, just follow the links on the [Meetings page](#) of the web site.

Thanks again to **Keith and Lorraine** for all their work on these videos!

We are back!!!

Join us and meet
old friends and new members.

Date for your diary

The August Monthly Meeting will be a picnic

Date: Wednesday 18 August 2021
Time: 1.30pm – 3.30pm
Venue: Milton House, Milton Road South,
Stowmarket, IP14 1EZ

Bring your own picnic
(including drinks, utensils and chair/blanket)

Come and join us!! Chat, have fun, play games. Gazebos and toilets are available.

Parking is limited, but you can drive into the entrance of Milton House to off load your picnic chairs etc., then park in the B&M car park across the road (there is a charge)

Can you help giving a lift to a fellow member who lives near you, or do you need help with transport? Or do you not have a picnic chair? We might be able to help?

If you can help, or need help, contact Keith and Lorraine on....
programme@u3astowmarket.org.uk 01449 768 744, or

Phil and Anne Webb
vicechair@u3astowmarket.org.uk 01449 614 616

How did we decide?

This event is unique in the history of our U3A in that is the first in which the membership were fully consulted and given all the options available for our first out door event following the relaxation of Covid restrictions.

At the beginning of May, Keith prepared a survey (sent out via Beacon) giving all the options open to us. Thank you to the **63** members who responded!

Through a series of 10 questions, we were able to arrive at the option that suited most people. Here are some examples, Q6, Q9 and the final result.

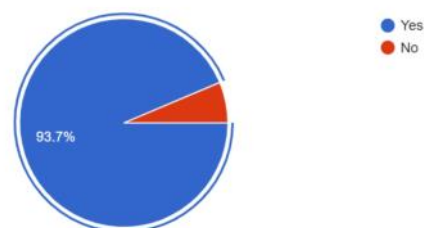
You can see the whole sequence [HERE](#) on the web site.

Thank you very much, Keith!



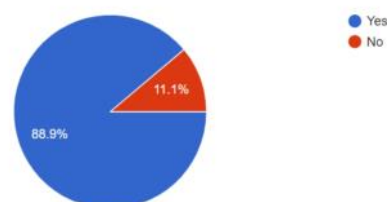
6. Would you be happy to bring your own picnic?

63 responses



9. Are you prepared to commit to attending an event if it meets your criteria?

63 responses



Stowmarket U3A

31st Annual General Meeting

NOTICE

Notice is given that the thirty first Annual General Meeting of Stowmarket U3A will be held at The United Reformed Church, Ipswich Street, Stowmarket, on Wednesday 15 September 2021 at 1.00pm.

AGENDA

1. Welcome and Introduction
2. Resolution to approve the inclusion of votes by proxy
3. Approval of the Minutes of the Thirtieth Annual General Meeting
4. Chair's Report on behalf of the Committee
5. Treasurer's Report and Financial Statement 2020 - 2021
6. Appointment of a suitably qualified examiner of the Financial Statement for the year 2021 – 2022
7. Election of Officers of the Stowmarket U3A (until the conclusion of the 32nd AGM)
 - a. Chair
 - b. Vice Chair
 - c. Honorary Secretary
 - d. Honorary Treasurer
8. Election of members to the vacant posts on the Committee
9. Approval of the adoption of a revised Constitution
10. Any other Business

After the conclusion of the formal business there will be an opportunity for members to discuss matters of interest relating to the business of the U3A

By Order of the Committee.

Please Note

The Hall will be open from **12.30 pm** for membership renewal.

Present Committee details on Page 10

Agenda item 2: At this AGM it will be possible to vote by proxy. If you would like further information of how to do this and to receive a proxy voting form, please contact Amanda Park, on secretary@u3astowmarket.org.uk or 01449 781 972

Agenda item 3: The minutes are available to view and download from the web site by [clicking here](#).

Agenda items 4 and 5: These documents will be distributed by email no later than 01/09/2021

Agenda Item 9: The revised Constitution is available to view on the web site [by clicking here](#).

Following the AGM there will be refreshments and time to socialize—meet and chat with the elected committee and perhaps discuss how far the various groups have progressed on restarting post the Covid lockdown.

Programme for the remainder of 2021 (restrictions permitting)

September 8th. Prior to the AGM, we are holding our renewal coffee meeting on in the URC starting at 10.30 am.For those who want to avoid the rush to renew your subscription at the AGM.

October 20th. Our belated 30th Birthday celebration. Details yet to be finalised.

November 17th. "The Science of Santa"
Professor Stephen Ashworth, UEA

December 15th. Christmas Lunch, URC Hall
Full details in the November Newsletter.



Obituaries

Jenny Lawler: Jenny, who died in May this year, was a long standing and enthusiastic member of Stowmarket U3A. Joining in 2005 she was elected directly as Treasurer onto the Committee the following year, serving continuously 2006—2013, then remaining as a Committee member 2013—2016. Overall, 10 years!

A long time sufferer of MS, she never let that interfere with her Committee work and she will be fondly remembered by the members of our U3A.

Lauretta Goldman: Lauretta, who passed in June, celebrated her 84 birthday this March. She was a member of the U3A for more than 20 years and came to as many monthly lectures as she could. She was an active Committee member from 2003 to 2007. She also attended the Art Appreciation group and really enjoyed it. Outings with the G & T group were also important to her.

She had no close relatives in the area but many friends in the U3A and will be sadly missed.

John Aggas: John died in July. A member since 2018, John was a member of the Singing Group for about a year. He was their only regular male member, but always assured them that it didn't matter and he sang along with gusto and evident pleasure. He had a most gentlemanly manner, kindly, unassuming and cheerful. He always enjoyed the group's additional 'get-togethers' too, when they met for Christmas dinner or afternoon tea.

He was a lovely man who will certainly be missed.

Stowmarket U3A Committee Members 2020/2021



Glynis Hunt	Amanda Park	Anne Weedon	Lorraine Shelton	Liz Power	Mike Barnes
Phil Webb	Evelyn Russell	Keith Shelton	Linda Reynolds	Anne Webb	

Chair	Mrs Glynis Hunt	01449258 714	chair@u3astowmarket.org.uk
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Membership Secretary	Mrs Ann Weedon	01449 771 947	membership@u3astowmarket.org.uk
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	Mr Mike Barnes	07916 150 475	

Editor / Webmaster	Peter Dakeyne	01449 781 562	newseditor@u3astowmarket.org.uk
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