

ACTIVITY & INTEREST GROUPS – February. If you have an idea for a new group and would like some assistance in setting it up, please contact Barbara Cutting, Groups Coordinator on 01449 615 346, or email: groupscoord@u3astowmarket.org.uk



ACOUSTIC GUITAR	Monthly: 4 th Tuesday	## MUSIC – various	2/Month: 2 nd , 4 th Tuesdays
Steve Sharp 07780 371 429	10.00am – 12.00 noon	Ian Hooper 01449 770 179	10.00am – 12.30pm
ART & GALLERIES	Monthly: 2 nd Wednesday	PATCHWORK	Monthly: 4 th Wednesday
Anna Bradshaw 07714 092 706	2.30pm	Jean Roche 01449 675 984	2.00pm
AVIATION	Monthly: 3 rd Thursday	PHOTOGRAPHY (Video Conference)	Monthly: 3 rd Tuesday
Don Mobley 07398 300 952	2.00pm	Peter Dakeyne 01449 781 562	3.00pm – 5.00pm
BOOK CLUB	Monthly: 4 th Thursday	PLAY READING (Video Conference)	2/Month: 2 nd , 4 th Mondays
Sylvia Downs 01449 612 661	2.00pm	Maureen Wingham-Eaton 01449 771 200	11.00am – 12 noon
BRIDGE INTERMEDIATE/IMPROVERS	Weekly: Friday	POETRY READING	Monthly: 4 th Thursday
John Hunter 0783 2063 550	2.00pm - 5.00pm	Hilary Plummer 07506 761 199	2.00pm
CAKE WALK (Short walk)	Monthly: First Friday	Recorder – Starter	Monthly: 1 st Thursday
Robert Bradshaw 01449 745 829		Trisha Cole 07977 210 067	2.30pm – 3.30pm
CANASTA (1)	Weekly: Wednesday.	Recorder – Player	Monthly: 3 rd Tuesday
Hazel Burl 01449 615 581	10.00am – 12.00 noon	Trisha Cole 07977 210 067	2.30pm – 4.00pm
CANASTA (2)	Weekly: Tuesday	SCRABBLE (Bacton)	2/Month: 2 nd , 4 th Wednesday
Carol Gibson 07918 743 154	2.00pm – 5.00pm	Zena Dakeyne 07542 945 725	2.00pm
COMPUTING & TECHNOLOGY	WhatsApp Q&A Group only	SINGING	2/Month: 1 st , 3 rd Mondays
Peter Dakeyne 01449 781 562		Hilary Foster 07842 189 794	2.00pm – 3.30pm
DISCUSSION	Monthly: 2 nd Tuesday	SPANISH CONVERSATION	Alternate Thursdays
Linda Attwood 07866 617 062	10.00am – 12 noon	Nancy Dickson 07856 584 176	10am – 12.00pm
FRENCH CONVERSATION (1)	Alternate Tuesdays	STAND & STARE (Leisurely walks)	Monthly: 4 th Friday
Helen Mead 07827 814 819	10.00am -12 noon	Glenda Taylor 07549 167 313 Barbara Cutting 07721 188 053	10:00am (variable)
FRENCH CONVERSATION (2)	Alternate Wednesdays	TABLE TENNIS	Alternate Mondays
Helen Mead 07827 814 819	11.00am – 1.00pm	Peter Dakeyne 01449 781 562	2.00pm – 3.30pm
GARDENS & THINGS	Monthly: 3 rd Thursday	WALK and TALK (Longer walks)	2/Month: 1 st , 3 rd Fridays
Liz Power 07799 761 336 Val Fazzari 07720 391 443	9.30am (variable)	Gerald Brooks 07540 071 912 Keith Shelton 01449 768 744	10.00am (variable)
GEOLOGY	Monthly: 3 rd Tuesday	## WALKING TENNIS	Weekly: Monday
Linda Reynolds 07880 516 926 Roger Crouch 07925 262 742	2.00pm	Robin Loxley 07896 543 642	1.30 pm
HISTORY	Monthly: 1 st Wednesday	YARNERS	Monthly: 3 rd Thursday
Keith & Lorraine Shelton 01449 768 744	2.00pm – 4.00pm	Elaine Bailey 01449 677 206	10.30am - 12.30pm
ITALIAN CONVERSATION	Alternate Wednesdays	## For information only. Whilst open to u3a members, others can join so these are not authorised u3a groups and carry no u3a benefits	
Pam Lore 07784 540 419	2.00pm – 4.00pm		
LUNCH CLUB (Sunday)	Monthly: 3 rd Sunday		
Liz Power 07799 761 336 Val Fazzari 07720 391 443	By arrangement		